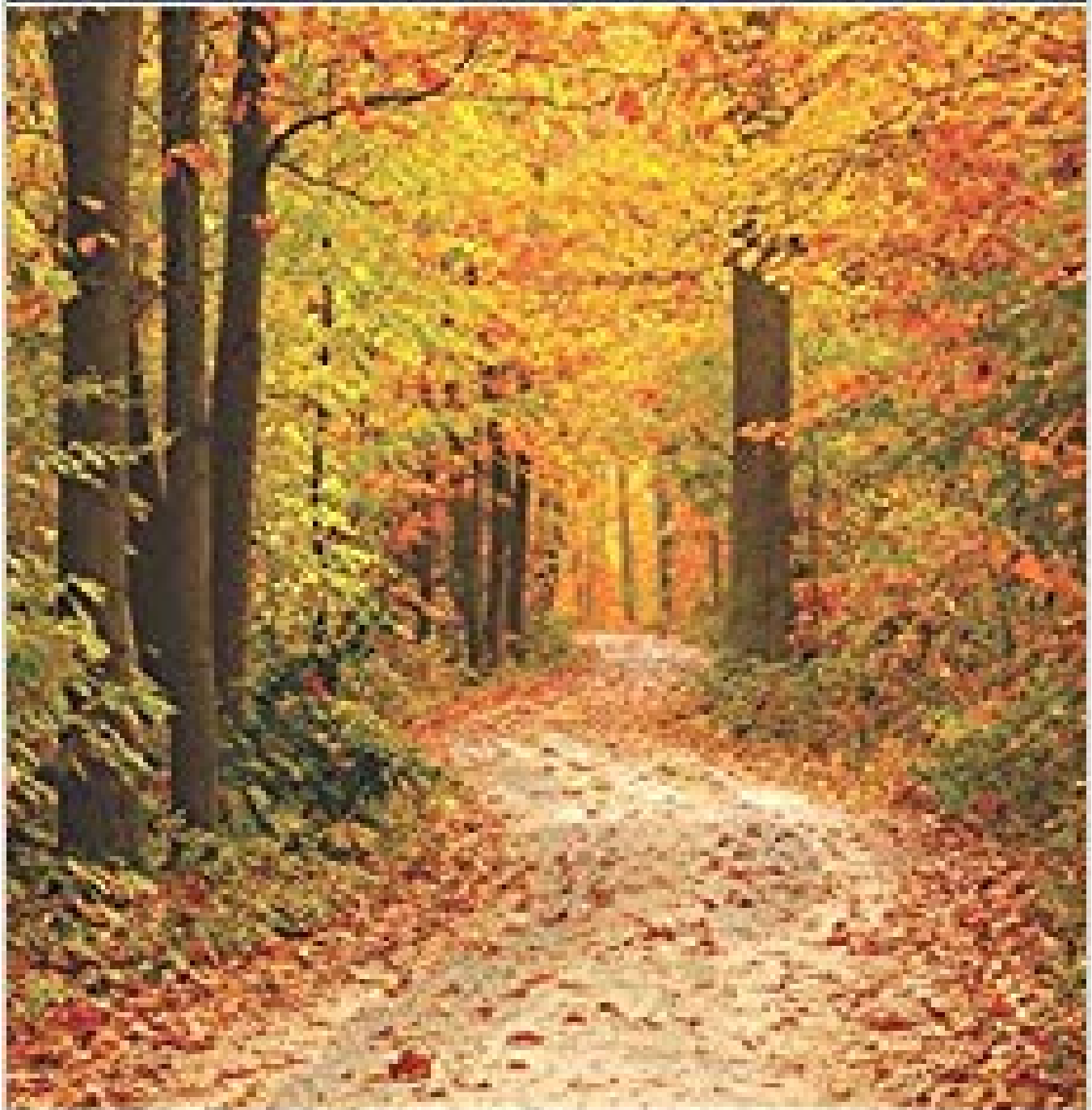


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IF I ONLY KNEW

Making Educated Medical Decisions As We Navigate Through Life's Journey



Fern Baudo, RN, MSN, ANP, BC

Fern Baudo RN MSN ANP BC

If I Only Knew: Making Educated Medical Decisions As We Navigate Through Life's Journey



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EASILY Only Knew is a publication for everybody. While our first response may be to resist thinking of these difficult choices, this reserve reinforces why we should not only think about them, but let our wishes become known. Fern Baudo expertly clarifies and lays out the importance of end of life planning and also the documents used for this.



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A must for NOW, not when you find yourself in crisis mode. A wonderfully, beautifully written book that provides invaluable information and meals for thought. The author appears to possess a solid grip and passion for the subject matter which most people have a tendency to skip over such problems (my estimation is our culture never really wants to discuss the elephant in the room). To the author Fern Baudo RN MSN AN BC, I'm giving her a million angels with diamond crystal celebrities. Of which point your emotions play a big factor and quite truthfully are in the way of making decisions. Get your ducks in a row today. I wish they trained this in all medical fields instead of just placing a stigma on loss of life. She's laid out a publication that is a good browse with references and information/tools to act now rather than later if you find yourself in crisis mode and scrambling for just the stuff she writes about here.. I acquired the esteem satisfaction and honor of working with Fern Baudo, RN MSN AN BC, (I met her through my lawyer), my mom was in and out of the hospital, but got real sick in February of this year. I cannot start to tell you just how much Fern Baudo RN MSN AN BC, fought so difficult that my mother (she passed on this March) be treated with respect and dignity, and her desires be carried out according to her wellness proxy and other health documents. As I talk with my attorney, to discuss my legal matters in addition to my health records, I know just what my health papers should say after scanning this book. Great guidance and instruction for anyone having to help to make these ..! Fern's explanation of occasions to why she wrote this reserve is captivating.. Thank you Great Book! Well written and very beneficial. She is able to reflect not only the emotional area of the advance directives but also the legal component and which makes this book a great reference information. Fern speaks from the center and her understanding is indeed vast in this subject matter.. Removing the stigma on death! This book has been an eye opener and conversational starter in my family. Extremely Important Reserve to Have also to Read We highly recommend reading and purchasing this book, therefore beautifully written and incredibly well informative.! The last few pages concentrate in on what must be done and I came across that most useful. I am hoping this review helps you to get this reserve and begin the conversation in your families.! Also, for those not really in the medical field, she breaks down all of the medical jargon/lingo for a classic better understanding. Great resource! Without currently in a health crisis or end of lifestyle situation that requires immediate decisions, I look for this reserve empowering! The writer makes it very clear how exactly to confidently access what you need with the right questions, which reduces the sensation of intimidation many experience when in a medical placing. We are not often alert to our privileges regarding our health and too often made to feel that we should not question the professionals, even when it generally does not feel right. Filled with quick tips, tools and even a glossary to better understand end of existence care, be it from old age or tragedy, this is essential for your assortment of resources. The moment I started scanning this book I was .. Definitely well worth reading and sharing with friends and family to begin the dialogue of end of life care. As soon as I started reading this book I was hooked. Great tips and instruction for anybody having to make these hard decisions. She obviously lays out the importance of advanced care planning.!



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