

WINNER OF THE AUTISM SOCIETY'S
TEMPLE GRANDIN LITERARY WORK OF THE YEAR AWARD

UNIQUELY HUMAN

A DIFFERENT WAY
OF SEEING AUTISM

BARRY M. PRIZANT, PhD

WITH TOM FIELDS-MEYER

"A MUST-READ
FOR ANYONE
TOUCHED BY
AUTISM!"
—ASSOCIATED
PRESS



Barry M. Prizant

Uniquely Human: A Different Way of Seeing Autism



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Champion of the Autism Culture of America's Dr. A must-read for anybody touched by autism's leading professionals, who portrays autism seeing that a unique way of being human—that is “Rather than curb these behaviors, it’.. (Booklist, starred review).autistic” (Chicago Tribune).Autism therapy typically focuses on ridding individuals of “Breathtakingly simple and profoundly positive” symptoms such as for example difficulties interacting socially, problems in communicating, sensory problems, and repetitive behavior patterns. Right now Dr. Barry M. Prizant offers a fresh and compelling paradigm: the most successful approaches to autism don’t Prizant’s knowledge and what underlies the behavior. Temple Grandin Award for the Outstanding Literary Work in Autism A groundbreaking reserve on autism, by among the world’.. Dr. Prizant’s Uniquely Human being is a crucial step in promoting better understanding and a far more humane approach” (Associated Press).autistic” Rather than classifying “ behaviors as indicators of pathology, Dr. Prizant sees them within a range of strategies to cope with a world that feels chaotic and overwhelming.required reading.s easier to enhance abilities, build on strengths, and offer supports that will result in more desirable behavior and an improved quality of life.An extraordinary approach to autism. “.. It conveys a deep respect for people with autism and their own unique qualities.A impactful, necessary book” (Kirkus Evaluations, starred review), Uniquely Human offers inspiration and useful guidance drawn from Dr.t purpose in fixing a person by eliminating symptoms, but rather seeking to understand the individual’s four-decade career.. Filled with humanity and wisdom, Uniquely Human being “should reassure parents and caregivers of children with autism and any various other disability that their kids are not broken, but, indeed, special”.



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Too many therapists focus on behaviors they would like to stop rather than "Why that behavior occurs" My son was diagnosed with ASD in January 2012 and it took us three years to put all the "pieces" together to get where we are today. Many of that three years of exploration, failing and discovery might have been low in duration if we had usage of Dr. Pizant's book. Therefore many therapists (both in school and private operations) don't "get it". They concentrate on the deficits and "extinguishing behaviors" when they should be asking "why is that behavior present"? My wife and I finally figured a lot of it out after trying therapy after therapy and enduring years of meltdowns and tension. The "answers" for our son were 1) Our son has sensory over-responsivity. I learned so very much from reading it. It has clear, concrete true-life illustrations that can help pretty much whoever has connections to somebody with autism figure out how to connect better with them and help them to function in a self-helping method. Prizant's viewpoint I think unique needs educators would attain massive improvements in outcomes and parent's lives could become much less stressed and uncertain. I love his enthusiasms! Celebrity Wars, Minecraft, World Battle 2, to obtain his engagement 3) He can relate better to folks if they satisfy him in "his world" - from there he involves trust you and is certainly ready to enter your globe. I have told everyone in my family how essential it is to me that they obtain themselves a copy and read it. Having said that, I plan to buy three or four copies for many of the autism therapists inside our world. ear muffs), utilizing a rental car instead of public transportation (which is loud, relatively 'unpredictable' and out of our control), we alternated "big" sensory times (e. This book came into my life at the right instant and I will make use of everything I've learned in this writing as much as humanly feasible. If everyone could adopt Dr.. Must Browse for Parents! even when you know what's wrong, it really is sometimes hard to create feeling of how it certainly makes you experience or what the next step is. My one suggestion is usually that the book seems to under-estimate the effort that comes with convincing (frequently intransigent and overworked) schools to try fresh approaches. This book is life changing A must go through. And if you cannot get those changes done you need to either move academic institutions, move district or home-school. In the end, the school system we attended could not place him in a smaller sized classroom with peers therefore we had to involve a professional advocate and lawyers to get an outplacement. Sometimes you can be "positive" minded as much as you want but the school administration needs to know you will do all you may to get what your son or daughter needs. g. And he had NOT ONE meltdown. 2) He provides some issues reading and absolutely hated to do it UNTIL we discovered how exactly to make use of his "enthusiasms" e. Having more people like Dr. I needed this book a lot more than I also knew. The very best part of the book is helping people who don't have Autism to see the world through the eye of individuals who do. It really is encouraging, beneficial, lighthearted and has a wide scope of information and useful insights. I didn't believe some of what I was reading, and I refused to trust that we were the only types who wanted to find the positive, gorgeous, unique elements of autism. I am so grateful I ran across this book. Must read This book helped me see autism and the autism community through a whole new lens. We simply finished a two-week trip to European countries where we employed lots of sensory helps (e. I have informed my son's OT, ST and ABA therapists how much this has impacted me positively and how it really helped me see issues from a much needed perspective. I loved every single sentence in this and I cannot recommend this reserve more than enough to ANYONE who wants some refreshing insight into ASD. Thank you so much for composing this. amusement parks) with "low" sensory days - watching TV and likely to the pool. Prizant's perspective was just what I was looking for... "Uniquely Human" is by far the most

beautiful and sensitive publication about autism I have ever read and method overdo! Hopefully increasing numbers of people will "obtain it" because of reading this publication and individuals on the spectrum will be treated with the dignity and respect they are worthy of! A game changer We recently discovered that my girlfriend's daughter is on the spectrum. Maria Teresa Guanabara (mother of Justin Canha, little adult with autism, whose journey is mentioned in this fabulous book) Believe the 5-star reviews- truly a great book I ordered this book with some reluctance- the previous reviews were thus overwhelmingly positive that We was suspicious- I idea most of them might be friends of the author (like another autism book that Not long ago i read). But I'm pleased to record the hype is normally justified. This is really an insightful, compassionate book about autism and it'll forever change how you watch those on the spectrum. One caveat is that it is solely about conventional behavioral therapy. Parents of more serious cases should also look at alternative remedies as well (there are even some medicines that may dramatically help a lot of people). An excellent read for anybody who has a child with Autism ..We had to discover most of these strategies by ourselves largely. An exceptional read for anybody who has a child with Autism in their life. This book was amazing at placing into phrases the experiences of people with Autism and the ones who look after and interact with them. I was abruptly hit with the truth that these autism organizations I became a member of on FB were full of people making other people feel horrible, or endlessly talking about how horrible this was going to become for us, or the way the therapies we wanted to explore had been a waste of our time. My son was diagnosed with autism on March 8th this year, and I was essentially grabbing desperately for just about any support/information/resources I possibly could. My just and (MINIMAL) criticism is to say that the overarching theme is for folks without Autism to change and adapt to understand and work with those who have Autism. While that is true, I believe its vital that you stress this is a 2-way street. We all need to adjust to meet each other where we are, both people with/without Autism. That more than anything was the most demanding part of the journey - because that's where our child receives the most "therapy" period. I was so lost before I found this book but it's changed my perspective and I'm so thankful. I'm appreciating my child now for who he is and not concerned about "fixing" or "saving" him from autism.g. This publication has helped me change my perspective to observe things in a different way. I'm happier and more importantly, my son appears happier, since I've began reading this. PRACTICAL, CONCRETE, AND POWERFUL BOOK!g!! It was really devastating to a mother who just had this medical diagnosis confirmed. This is a really practical book about how searching at autism in different ways can make life better for autistic people and their families, teachers, and community. We don't avoid these things but know he can handle only a few hours. I would give it about a zillion more stars if I could! Excellent bucks Excellent work I think she really liked the information in this book Bought as something special to my friend. I believe she actually liked the info in this book. It literally was exactly what I needed at just the right time. I can't recommend it enough. Perfect Fabulous gift for a fresh RBT Everyone is uniquely human This book should be read by all parents and folks working with children as it really helps to make one aware each one of us is unique and to not feel or think something is wrong whenever a child is different in some way but rather s/he is unique.! We understood something was amiss but not exactly what until we were finally able to get through the waiting lists and have the testing completed. Prizant we could can see these strategies MUCH earlier. "Uniquely Human" is by far the most beautiful and sensitive reserve about autism I have ever read . and actually for with what we are dealing with in our child's case.. Great Read This book was so enlightening. Parties, carnivals, recess are

all massively over-stimulating and nerve-racking. A definite browse for any family that is normally lucky enough to possess a unique person within their lives. A shift in perspective I just discovered this reserve and cannot put it straight down - amazing perspective and so eye-opening.. and I think the same can take true for others as well.the mother of one of my students recently explained "we (parents, teachers, family) are the ones that need therapy, not them! We need to focus on understanding who these kiddos are and how exactly we can help them be successful" and this book is a huge step in that path...as a mom of a 2 season old awaiting a analysis, I suddenly feel empowered and equipped to help my child and I cannot wait to share this reserve with fellow teachers and friends ?



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