

SEAN COVEY

Author of The 7 Habits of Highly Effective Teens

Sean Covey

The 7 Habits of Highly Effective Teens Personal Workbook



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A companion to the brand new York Times bestselling reserve The 7 Habits of IMPRESSIVE Teens, this engaging personal workbook provides fun, supplementary activities and thought provoking exercises to assist you understand and apply the energy of the 7 Habits in your life.a step-by-step information to help you get from what your location is now to where you desire to be in the future.Imagine you had a playbook— These interactive, positive lessons will provide you with the tools to boost your self-esteem, build friendships, resist peer pressure, attain goals, go along better with your friends and family, and strengthen yourself in every aspect of your life.they are all achievable. You just need the equipment to obtain there. The 7 Habits of IMPRESSIVE Teens Personal Workbook is normally that device. Whether you're studying them for the very first time, this guidebook will help you body out what you want in life and decide upon a way to make it a reality.re already familiar with the energy of the 7 Behaviors, or you' Your targets, your dreams, your programs...



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