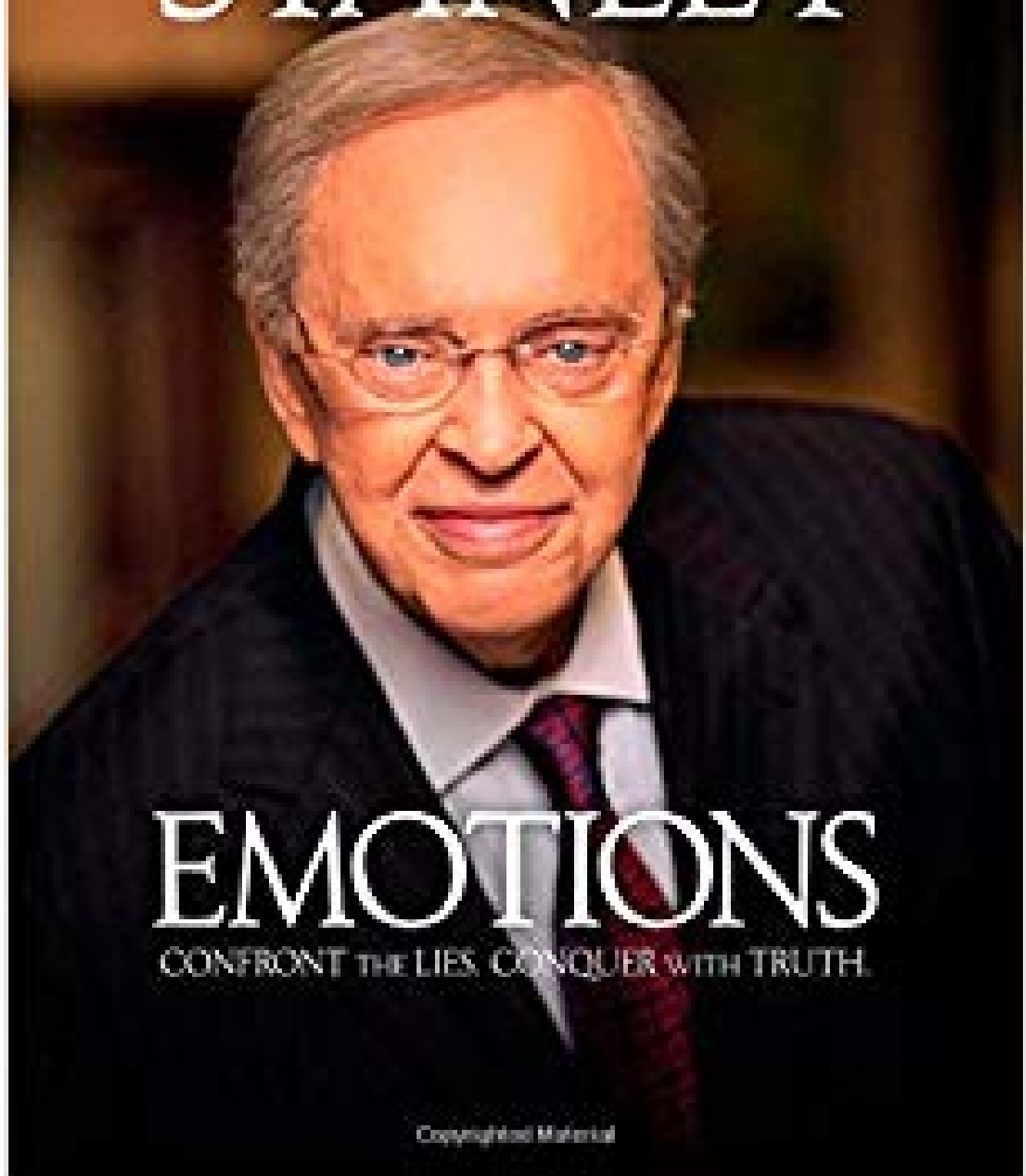


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NEW YORK TIMES BESTSELLING AUTHOR

# CHARLES F. STANLEY



## EMOTIONS

CONFRONT THE LIES. CONQUER WITH TRUTH.

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*Charles F. Stanley*

**Emotions: Confront the Lies. Conquer with Truth.**



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New York Instances bestselling author and trusted pastor Dr. Through our feelings, we have the capacity to take pleasure from amazing triumphs and deep fulfillment or knowledge crushing defeat and ruined human relationships. Effective and inspiring, Emotions explains how to become free from negative feelings and reclaim the purpose and joy for which God created them. Though we cannot see, taste, or contact our emotions, we are constantly suffering from their forceful presence and the incredible impact they have over us. so that we can take it easy, so we may connect with others, and thus we are able to reflect God's image in us. dread, rejection, guilt, bitterness, and despair—and he did so with very concrete purposes in brain— They are able to alter how we view our day time, other folks, and even the major events in our lives. Charles Stanley shares practical assistance and encouragement on a subject that touches everyone on earth— As Dr. Stanley handles five key destructive emotions— But too often, instead of making the best of the gift, our feelings make the worst folks. he shares four simple steps for handling our emotions in a healthy manner. Revealing God's primary purpose for feelings and wisely exposing the main of all negative emotions, Dr. Stanley will touch your heart as he explains how to find joy and fulfillment in the God-given gift of emotions. God provides gifted us with emotions because the very beginning—



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