

Jason Polley

The Survival Manual: The Adventurer's Guide to Surviving in the Wild (Teach Yourself)



Every year, a lot more than 40,000 people climb Mount Kilimanjaro and hundreds of thousands head for the great outside every weekend. The Survivor's Manual gives essential, practical guidance for handling situations that weren't part of the plan and will quickly escalate. In case you are one of them, would you know what to do if you got stranded or harm? Covering every possible scenario, from basic survival abilities to advanced insight into surviving in hostile conditions; It begins with ten life-conserving tips then outlines the crucial parts for staying alive, starting with water, meals, and shelter. this is the ultimate survival guide for anybody who spends any moment outdoors.



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