

SKIPPER'S MEDICAL EMERGENCY HANDBOOK

FIRST AID AT SEA



DR SPIKE BRIGGS
and
DR CAMPBELL MACKENZIE

SECOND EDITION

ADLARD COLES

Dr Dr Campbell Mackenzie and
Skipper's Medical Emergency Handbook



[continue reading](#)

Step-by-step guidelines, explanatory illustrations, and movement charts provide an at-a-glance reference on how best to prevent, treat and care for the ill and injured at ocean. And there is assistance on pre-voyage preparations, establishing crisis procedures, first response, and evaluation of illnesses and injury, right through to offshore aftercare and recovery. The Skipper's Medical Crisis Handbook is a thorough and practical source for novices or experienced sailors and motorboaters. It will provide practical advice, increase confidence, solve complications, and minimize risk for all on board. The Skipper's Medical Emergency Handbook is made to assist all who head to sea--whether on a day excursion, a holiday cruise, or a straight longer trip.



[continue reading](#)

Being safe on boat I'll keep this included for emergency



[continue reading](#)

download Skipper's Medical Emergency Handbook e-book

download free Skipper's Medical Emergency Handbook e-book

[download free The Runner's Cookbook: More than 100 delicious recipes to fuel your running txt](#)

[download free The 100-Year Life: Living and Working in an Age of Longevity epub](#)

[download free Pilates for Living: Get stronger, fitter and healthier for an active later life fb2](#)