

A stylized lotus flower graphic in shades of orange, yellow, and green, positioned on the left side of the cover.

ANDRE PHENIX

Your Essential Guide to Beautiful, Flawless Skin

skin

anonymous

Foreword by Carolyn Gray-Randerson

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Your Definitive Guidebook to Beautiful, Youthful Skin



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Skin Anonymous I am a mother of two, and as well busy to worry approximately gaining make-up every day, likely to expensive facials, and spending time and cash at the mall to get expensive products that frequently don't deliver on any of their promises. It had been fast reading, step-by-step instructions, no fluff and definitive results. I finally produced a list and have tried several items that are ideal for my skin--and I saved a substantial amount of money as well! This publication advocates a no-nonsense skin-care regimen that is easy to use, inexpensive, and results-oriented. It clarifies all the complicated ideas and words that the cosmetics sector uses to make the customer feel like their products are miraculous. It teaches what's essential in skincare, and provides tips about what to purchase, how to make use of it, and how exactly to supplement affordable, store-bought products (all of which I could easily find within my local drugstore) with healthy, homemade "skin quality recipes." The recipes are fun, quick, and easy to create, and will cause you to feel just like you are treating yourself to a day at the spa, right in your house! I recommend this reserve to all busy professionals and moms whose priority is skin-deep, natural visual appearance. THE RIGHT, Some Bad This book is wonderful for reference, but you definitely can't take everything he says at face value. He says that he's experienced the cosmetics business for 15 years, and he provides some good information on the chemical substances and things used in those items, but his understanding of more natural items I found to be unreliable. About four weeks ago, my wife brought home Skin Anonymous.! This is the best guide for finding skincare products that I have ever run into. It's a win/win! I have currently recommended it to all my friends.. This book really helped me, it had been very easy to check out and understand.. This is actually the manual and only manual for cosmetics and skin care you'll need! The suggestions in this publication is so practical that I am able to take the health of my skin into my own hands. I came across myself at the drug store many times wishing I acquired this book with me. Healthy-searching and -feeling skin is normally therefore a must for me personally. After years of spending a significant amount of money on expensive, top quality skin care products. Fabulous Skin Care Book!! "I wish all of the how-to books I've read were written the same manner. I love to look good, and to me, which means looking natural. Actually Amazing results, yet therefore simple to follow!" wonderful I really enjoyed scanning this book. it was very useful, and interesting. Grateful As a mother or father of two girls, I want to have the ability to take care of myself without feeling like I've spent hundreds of dollars on products that don't change lives.. A Beauty of its own !!. LOVE this reserve! Easy and fun to read. \$\$ Skin Anonymous \$\$ Saved me a lot of money Living in LA and becoming moderately superficial and vain, we are both item junkies. In the last five years, combined, we have probably spent six statistics on hair and skincare products purchased from high-end estheticians, spas, salons, and shops. Among the best things I have ever purchased! I believed this would be a nice little supplement to the study I had been doing, but it came within my objectives in a few areas. It's filled with wonderful suggestions and recipes for all pores and skin types and complications. For the very first time, we began to find out what we were utilizing, why it worked well, and how and how to locate normal alternatives to the 'brands'. After just four months, I can honestly say that our skin has never looked younger and healthier. And we've most likely preserved \$2,000. Appearance is very important to us. Skin Anonymous can pay for itself in a week! My head to guide! This book really breaks skincare down so it's super easy to comprehend and follow. Both of us found it very educational, filled with useful information explained within an intelligent, simple, easy to check out and understand manner. The recipes use easy to find and mostly inexpensive items! My epidermis looks great! skin I had issues with my skin for years. Im an adolescent, so clean and genuine skin is essential to me. some of which made myself break out or finished up making my skin worse off. I recommend this reserve to everyone, also if they don't have any skin issues. I learned a lot on how to take care of my pores and skin. It's wonderful to get a reference instruction that not merely gives suggestions about what products to purchase that provide amazing results without breaking the bank, but also teaches me how exactly to read the labels and produce informed decisions on my own, based on my skin type. I want I had this book years ago! Many thanks Skin Anonymous!



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