

While I Still Can...

THE MAN'S JOURNEY THROUGH CANCER, LOSS, AND LIFE'S END



RICK PHELPS & GARY JOSEPH LEBLANC

Rick Phelps

While I Still Can. . .



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Hardly ever does one get an opportunity to experience the nightmare that's Alzheimer's Disease from the perspective of the individual who has been stricken with it. In his publication, "While I Still Can," Rick Phelps, the founder of "Memory People," an online Alzheimer's and dementia support group, changes all of that. Throughout this publication the reader is given a firsthand accounts of: the early indicators that Rick experienced, the loneliness he felt during the denial period of family and friends, the terror that gripped his center upon getting the undeniable analysis and, after the diagnosis, how he and his loved ones have learned to handle this mind robbing and fatal disease. Diagnosed with Early-Beginning point Alzheimer's Disease in his 50's, Rick decided it had been period the veil was lifted. A real page turner, "While I Still Can," affords an uncommon glimpse into the world of memory space loss, while at the same time it tells the tale of love, commitment, faith and courage in the face of a catastrophic disease.



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Rarely do I would recommend books like this.. Others fine detail Rick's considering as Alzheimer's progressed. But this book is a must read! I literally cannot put it straight down, but you will find that the reserve itself is set up with very short chapters so a busy caregiver can go through it in the little spare time that they have. You obtain it all in a publication that I would say ought to be mandatory reading for all health care professionals, family members and anyone who understands anyone with a analysis of dementia. I had not been prepared for just how much insight into all areas of living with a analysis of dementia and living with anyone who has dementia I'd receive in one book. I had joined his group memory people on Facebook. As a professional in the long run treatment industry I was excited to learn this book. Gary- a decade can seem like a lifetime... this phenomenal book may be the one you should choose. I love this book, however the Kindle version is lacking chapter 46! I am loving this publication! It's emotional and inspiring and very helpful. For those who have a relative or friend experiencing Alzheimer or in case you are a caregiver or even a patient in the first levels of Alzheimer you must read this publication. The issue is that when Amazon made the digital edition of the reserve it smudged the numbering of the chapters. 83).Revise - January 7, 2015 Thus I could get in touch with Leanne Chames, Personal Assistant to author Rick Phelps, through their Storage People Facebook group. She fundamentally told me that the digital chapters are there. The only problem with the digital Kindle book that I purchased on Amazon is that is missing chapter 46 so easily were you I'd try to make sure and have Amazon if the problem has been fixed before buying it for Kindle. I would like to believe there exists a particular place in heaven for caregivers, those who quit everything to be everything for their loved ones. That is an immensely useful book to possess for those who care about people with Alzheimer's. essential read Not everyday you may read whAt Mr Phelps went thru. The book is fantastic and has a right to be designed for Kindle, so once Amazon fixes the issue and puts it back on sale don't hesitate to buy it. While I Still Can - A Telling Book from an Alzheimer's Individual's Perspective For those folks looking after persons with Alzheimer's, Rick Phelps' book, While I Still Can is a compelling, invaluable resource. He collaborated with Gary Leblanc to create the book within a season after Rick received his diagnosis of early onset Alzheimer's. His purpose was to greatly help people understand "the mind of a genuine Alzheimer's individual." After contracting the condition, he created an on the web support group called Memory People, plus an interactive chat forum where Alzheimer's patients and caregivers could talk about their tales, questions and answers with one another. We first noticed the problem when she was about 55-60 years older. Each chapter in his publication also contains a pithy quote or poem by one of the Storage People. The chapters have become short, deliberately, therefore "that those people who are in the early stages of this disease will still be in a position to read this book and absorb the content, hence learning from his experiences" (While I Still Can: One Man's Journey Through Early Starting point Alzheimer's Disease, Rick Phelps and Gary Joseph Leblanc, XLibris Corporation, 2012, pp. I will contact Amazon and ask them if I will get a new copy once the problem has been taken care of. A genuine and inspiring publication.. They cover from remembering to taking medication, the cocoon impact, restless nights, sundowning, hallucinations, incontinence, caregiver tension, etc. That explains why the digital book provides 72 chapters (with one supposedly lacking) and the printing version of the book has 71 with none missing. 5 Celebrities ML Codman Wilson, Ph. It is a shock to both he and his friends and family. I believe this can help understanding of what the individual and caregiver goes through. The author is definitely diagnosed at early age, I believe 59 or so with Alzheimer's.D. It demonstrates some of the inappropriate questions asked by friends and also his journey of

decline as seen through his eyes, the eyes of his wife, his main caregiver and his co-author. Also if your beloved doesn't have "early onset" of the condition, you will certainly identify with the trials, struggles, and emotions of most concerned. It literally touches upon all aspects of memory loss from generating, to sleeping, to restlessness, and includes some words and phrases of wisdom mainly from the group he produced, "Memory People" along with others found on different books and web sites. In case you are a caregiver, if for no other reason, this publication will help you cope. I especially enjoyed the brief chapters offering the reader a chance to digest one at a time. You will take solace in this journey; The sections about caregiving were superb. God Bless him! But also appreciated the quotes, tips and humor by the end of each chapter. It really is germane to everyone and anyone facing this disease, Highly recommended! I desire I had known some of the things covered within my tenure as a caregiver. I am searching further into many topics, including "contagious dementia" and long term care insurance. I came across I had several conditions that I could now see are linked to caregiving, accompanied by the passing, of my father. I intend to continue with my doctor about some of them. I am so grateful for the insight I received from the pages of the book.

Rick- many thanks for sharing your story even when bad times and the unavoidable march of the condition made it difficult. To your wife- may God bless you with courage and power as your role as caregiver raises with the duration of time. In the event that you just read one book on how to be successful caregiver. I am hoping you have been in a position to move on and begin a fresh chapter in your life. Actually chapter 47 is normally chapter 46, chapter 48 is chapter 47, and so on.. So much information and very helpful. Thanks a lot Rick! Some chapters are from a caregiver's perspective... Both books possess only 71 chapters plus they are total, the problem can be that the digital edition has a numbering error after chapter 45... I laughed a lot, cried a lot, but completed the book knowing that I not only was privileged to learn such a moving story about an incredible man, but that I was presented with many insights and concepts on ways to be considered a successful caregiver. Five Stars Great go through..he along with all the current others talk vent and study from each other. Outstanding look at Alzheimer's , from the patient himself This book was the consequence of collaboration between a patient with early onset dementia and a caregiver of a decade! Where has She gone? In the area of the past 10 years I've been watching my friend, my best friend, battle early onset Alzheimer's. Those internet assets have been widely accessed around the world. As the disease provides progressed, I as a caregiver have been reading everything I can get my hands on to help both folks deal with what's forward. In reading this book I feel comforted in realizing that I now have the tools I have to address a few of the issues. It isn't medical, nor profound, it is just a good solid work of literature on the sacrifices, bravery, and tolerance required both of individuals and caregivers as well. It is written in simple, readable short segments, allowing for patients in the earlier stages of Alzheimer's to be able to read and procedure the information. Great book. Easy examine with a lot of honesty Anyone on the journey with dementia or Alzheimer's caregiver and family should read this. 9/17/18 A Wonderful Book This book conveys the message, truly, "you are not alone". In addition, it provided ideas to implement with some of the reasons behind them that produced a whole lot of sense to me. Enjoyed Great book I loved this book I loved this book! It was very enlightening and heartbreaking and funny and irritating! It was well written and informative. I read this entire book in just a few days thank you so much Five Stars Great insight into this horrific disease.



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