



Kirsten Anderberg



HOMEMADE COSMETICS: Over 100 Recipes You Can Make at Home

Facials • Baths • Hair Rinse • Lip Balm • Toothpaste • Body Scrubs •
Lotions • Glass Gel • Perfume • Bug Repellent • Mosquitoes • Deodorant •
Blister Pack Ointment • Body Powder • Face Foot Hand & Body Polishes



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Homemade Cosmetics: Over 100 Recipes You Can Make at Home: (Facials – Baths – Hair Rinses – Lip Balm - Toothpaste – Body Scrubs – Lotions – Glitter ... Plus Rose Petal Beads & Dream Pillows)



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Over 100 dishes for homemade cosmetics using mainly basic kitchen ingredients. Includes special babies', children's and women's herbals section and 31 photos by the writer of herbs in character and herbal processing methods. Includes recipes for facials, toners, flower waters, lip balms/gloss, pine needle bath, bath salts, bubble baths, shower gel, mouthwash, tooth powders/paste, shampoo, hair rinse, dandruff cure, hair conditioner, sunburn remedies, rash remedies, body powders, body scrubs, athlete's foot remedies, foot baths, foot tonics and lotions, fake "vasoline," glitter body/locks gel, aftershave, cologne, perfume, bug repellents, fake "tigerbalm," natural deodorant, rose petal beads, dream pillows, natural suppliers, educators, links and assets. Quality control, new and organic substances, no preservatives or additives, lower costs, better for the surroundings - these are some of the reasons to make your own cosmetics. Recipes come from the author's 30+ years' knowledge making her very own cosmetics. Special reward sections about herbal remedies, women's herbals and herbals for babies and children. Much of her herbal understanding comes from use women's groups, wilderness manuals, midwives and herbalists, while most of the publication explains her first-hand options for using herbs. The writer has over 30 years experience making her personal herbal cosmetics. She's raised her son, Gibraltar, now a grown-up, using almost completely medicinal herbs for just about any medical problems he incurred. Includes 31 photos by writer of herbs in character and herb processing methods.



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I was amazed at the beautiful content of this book! Dishes, easy to follow. I am not just one for making issues at home, but this reserve had so many quality recipes for things like make-up and salves and home cures whose ingredients are readily available outdoors near your house, depending on your location, or obtainable in a store for very little money, that I was intrigued simply flipping through! No preservatives, no harsh chemicals -- I believe I will give some of these things a try, especially the sage tea eyebrow dye! A well-researched and conveniently browse book with clear easy recipes. It would also help if storage space information were included such as for example container type, and shelf existence. Rough Draft Mish-Mash Mistitled and Disappointing A book about producing your own "Cosmetics", this is not. It is more a assortment of cut-and-paste notes about random this that then one else you can make from herbs, ointments, lotions etc. Not really a "beauty cosmetics" guidebook but natural skincare treatments maybe. Ideally an index by herbs and simply by topic would make the knowledge easier to use instead of leaving through the pages. My mistake for not checking the appearance Inside or Kindle sample. I am stretching to provide it 2 superstars in the format and display it is presently in. Verify the sample or appear inside for yourself, it doesn't get any better further on in the book that what you find there. Some recipes are really great though. The major problem in the Kindle edition is the fact that there are pages after pages which repeat themselves making the book unusable. Further, the author included photos as illustrations, but it looks as if most of them don't arrive and there are big blank areas with an image caption no photo. I got this simply because a freebie, but today it's coming in at \$4.99. I enjoy knowing what the common bath and body products I normally buy are comprised of and steps to make these products in the home. Skip this one.. Some help finally! I will admit I am a little bit skeptical on the pine cone bath, gathering the pine needles and cones, boiling and investing in the refrigerator for 13 hours, I really do appreciate the warning of the stickiness that may occur. That includes soap, shampoo, conditioner, hair gel, lotions, toothpaste as well! I found several receipes I possibly could use and have attempted the bath soap for lavender bath liquid soap that I've made twice. I have not had the red sores break out yet. I would experienced a problem right now I do think. Covers a lot This book not only covers the beauty facet of Mother Nature, but the healthy side as well. I acquired some help placing two together that's working aswell for my mouth! Okay book It seems like more thought/research/detail might have been placed into this book. Lots of recipes to make bath and body products The author highlights advantages of making your own bath and body products which include no preservatives, lower costs, customizing, green, and one I'll add...FUN. I never knew I possibly could make so many products at home, to add, lip balms, soaking bath items, toothpaste, mouthwash, shampoo, conditioner, toners, scrubs, hand lotions, deodorant, bug repellents, etc. I've not made anything however from the publication, but plan to in the near future. Actually if the Kindle edition were perfectly formatted, this might be an excessive amount of. Knowing this information plays a part in my feeling of self-reliance. The conditioner with honey is great too. There are dishes for lip balms, shampoos, and lotions. You'll also discover many remedies for common ailments. The writer also explains the many herbs and how to locate some of the substances in the stores. My only complaint is definitely that there should be a desk of contents so the recipe you desire can be conveniently accessed when you wish it. I keep forgetting in the kindle if you like a recipe, utilize the bookmark feature to bookmark once, then you can certainly use the "head to" feature later. She also provides websites supplying many of the substances or offer their personal natural products. I'll use this over and over I think. Most of the ingredients are difficult to find and there must be substitutes provided. A must-have! I attempted to go through the category in this content page and it wouldn't consider me generally there on the Kindle. Kindle Edition Has Major Problems Content Grade: C-Format Grade: F This is usually a run-of-the-mill collection of formulas and quality recipes, none which are fresh or particularly interesting. If only a working TOC Nowadays I see more and more people getting back to basics, shying away from perservatives, and this book is filled with home remedies and recipes to assist you. Many are

old passed on from generations. I have several allergies to over the counter products for anything that touches my pores and skin. She started to go in depth about some herbs but it would have been cool to have her do this with more. You will discover the same quality recipes on the Internet free of charge or in previously released books. I believe I'd rather just rest outside than to go to that trouble. Most of the other substances are eggs, honey, witch hazel, baking soda, all quality recipes to help the average person carry out it themselves. The writer has a good website with a lot of the basic details and some recipes also. There are also sites with a lot more recipes. Otherwise awesome recipes! Great information regarding these recipes. Recommend. I was amazed at the wonderful content of this book. Great directions. A lot of information. Homemade Cosmetics Book This is a good little book. I take advantage of it frequently. Oh and I believed there would have been makeup tips as well but there aren't. Good info!! The book is fantastic but I feel like it wasn't organized well.. Great resource. An operating TOC is an improved feature imho. Ok I was expecting different things from this publication. It was not specifically devoted to cosmetics and the quality recipes looked difficult. Four Stars okay Five Stars Great book. To be fair I suppose the mishmashness of the book is certainly disclosed in the introductory text message saying this is a collection of "dishes" gathered by the author over a long amount of years. The quality recipes really should be more consistent as far as type of info included. I gave 5 stars because of this content and pictures.



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