



# EXTREME SURVIVAL

What to do when disaster strikes: in the outdoors, the city and in the home

**WILDERNESS • TERRORISM**

How to survive on land, water and in the air, in any climate and in harsh terrain



Practical advice, street skills and expert self-defense techniques shown step-by-step

**AIR • SEA • LAND**

Akkermans • Cook • Mattos • Morrison

Bill Mattos

Extreme Survival: Wilderness \* Terrorism \* Air \* Sea \* Land



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This is actually the ultimate guide to staying alive in extreme cases â??Using the tactics, abilities and tips of the trade trained in this survivors' manual can save your life when risk or terror all of a sudden strikes â? at home, in the office, in the street, when traveling in unfamiliar and inhospitable situations, or when exposed to the wilderness. those events we think won't eventually us, but 1 day might.? This book is the key to surviving lifethreatening occasions, accidents, random episodes and politically motivated insurgencies where we live, work or take holidays.Compiled by professionals in the field, this authoritative book reveals the secrets of wilderness and urban survival, and teaches the essential skills had a need to survive any kind of jeopardy.Structured in to two sections, the 1st shows the essential bushcraft skills had a need to survive outdoors in every climate and terrain: steps to make shelters, where to find consuming water, how to start a fire from scratch, how to stalk and trap animals for meals, and how to orienteer with out a map. Then, if you are faced with extreme disaster or confrontation, you can respond positively and calmly to adversity.With its emphasis on teaching practical skills, this survival manual handles identifying and anticipating challenges and hazards early enough so you won't be caught off-guard. The next section focuses on how exactly to ensure personal protection when everyday circumstances become life-threatening, including hostage circumstances, counter-terrorism methods, selfdefense against personal episodes, and how to deal with car hijacking, house fires, transport mishaps and medical emergencies.



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Wonderful and fine for boy scouts especially! Very nice book, so many tips. Won't need to be able to read to comprehend with all the photos and demonstrations and I bet anyone with good sense could survive at least 14 days in the wild alone. it was perfect! ShelterIII. This was a gift for a survivalist wanna be...it had been perfect! Self-protection in the Urban JungleVIII.! Four Stars Just what we needed thanks Amazon Four Stars Mostly just what one might expect Among the best bushcraft and survival books I have read a large number of survival and bushcraft books and this is among the best. Life Saving First AidThere is much to review in this publication and it leaves you with much to consider as far as how well prepared you truly are when disaster strikes. Instead of repeating the same details found in all other books, that one takes what to another level. FoodVI. The publication is arranged well, is easy to understand, and filled up with color photos showing each skill step by step. Concepts of BushcraftII.Anyone wanting survival abilities this is a great browse. Wilderness survival - finding or making shelter, fire, equipment, animal attacks and meals. Surviving extreme climate, and organic disasters. FireIV.All demonstrated with photos and explained with detailed instructions. Get it right now because you can't get it when you need it This survival book is top-notch. Surviving NatureXII. This survival book contains a great deal of full color photographs throughout to model what's becoming instructed. WaterV.Sections included the following:I. Extensive This is a thorough survival book.! In addition, it includes urban survival - home defense, self-defense, terrorism and medical.There are 12 informative chapters, an index for quick reference, a full page dedicated to suggest survival websites and an introduction by Debra Searle-MBE. Its written with the authority and wisdom of personal knowledge with the subject. Tools and EquipmentVII.! Survival in the HomeIX. Surviving on the MoveX. Surviving Terrorism and ConflictXI. It really is a fairly large hardback publication with a dust coat (mine came with one at least) and will come in at a generous 256 pages. Why its no more popular, I don't know.



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