

STAYING AFLOAT  
*in a Sea of*  
*Forgetfulness*  
COMMON SENSE CAREGIVING  
EXPANDED EDITION



GARY JOSEPH LEBLANC

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# Staying Afloat in a Sea of Forgetfulness: Common Sense Caregiving Expanded Edition



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When my dad was first diagnosed with Alzheimer's, I examine everything I could get my practical about the condition. My goal is to create this publication as "caregiver friendly" as possible. This is what got me started on writing about good sense caregiving, which turned into a weekly column and now into this book. When caregivers are searching for help, the very last thing they need is medical text so complex they already forgot what they examine by enough time it's relaxed down. Right from the start I possibly could tell if it was written by a physician, pharmaceutical company or perhaps a nursing house. Sharing my triumphs and hardships from my plus three-thousand day campaign in dealing with the disease of Alzheimer's and the globe of memory-impairment.



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Excellent Primer for Caregivers and Close friends of People who've Alzheimer's. Since we can not leave Mom alone too much, friends have practically stopped contacting us.." I am hoping I did. And each situation differs. But as a basic primer, that is excellent. I have recommended it to numerous people who have come back and told me how much that it helped them. An invaluable resource Staying Afloat is based on the 1st hand experience of the author, and is filled up with invaluable info for the patient and the caregiver during the inevitable and tragic progress of Alzheimer's. My husband was recently diagnosed and is in the moderate phases, while I am in the stages of "I don't even know what questions to ask." This publication is like a company hands on my shoulder and a press in the proper direction. I've learned factors from other books also but that one is from a guy who resided through it along with his father. Rooted in appreciate and common sense We are caring for my Mom, who was diagnosed with Alzheimer's two years ago. This book so accurately and heart warmingly describes this long painful journey. I believe books such as this one helps. This one, nevertheless, goes into just about everything you will encounter as caregiver - short also to the point and easy easy read. I was fortunate for the reason that, because I worked in social providers, I'd taken a whole lot of classes and attended seminars on Advertisement before my mother was ever diagnosed, therefore i already knew quite a bit before ever scanning this reserve. It helped to read the publication and realize we aren't alone with that phenomenon. This book spoke often of loyalty and routine when looking after someone you care about with the condition. I so whole heartedly agree. GJL highlighted therefore many common sense tips in this reserve and anyone thinking of or already looking after a Alzheimer's loved one should go through this book. For those folks that are caregivers presently it offers thoughtful ideas and insight. I go through a medical type publication before this, but learned so much more out of this book and his first hands experiences looking after his father. It really is accurate and accurate. As I browse the publication, I kept asking myself, "Did I really do as good a job as Gary did? Helpful Book This book has been a very big help to me. My husband can be in the moderate stage of early-onset Alzheimer's. Did I do everything I could? I highly recommend this reserve as needed reading for the caretaker, and for the family and good friends of the patient as well. His types of items that happened make me think that I'm doing okay and there's not necessarily the right or wrong way to do things. Everyone is different. Things change from day to day or sometimes minute to minute if you are coping with this disease. It's a straightforward read on my Kindle which is good for the days when you're mentally exhausted.. Gary Joseph LeBlanc evidently took extremely proper care of his father. He writes for the Tampa Tribune often and I love his column. With appreciation, Thanks quite definitely to the author when planning on taking his time to share with ordinary people in similar places inside our lives. It had been tough--and I was having significant health issues of my personal. The many helpful suggestions were very right down to earth and I've taken courage in remembering that which was shared in this very personal and kind publication. We are simply starting in to the isolation part. I highly recommend this reserve for caregivers or anyone who has a loved one with Alzheimer's, even if not the main caregiver. I'm constantly looking for just about any tips that will make his life and my life easier. Until you live with it, you can't really understand what the individual with Alzheimer's is certainly going through, and what the caregiver(s) proceed through. I certainly meant to. My mother and I had been so-o-o-o close, always, and the this past year she lived she thought I was her sister. That was rough.. A wonderful account to be a family caregiver Read it. But I think that it's among the best that I've continue reading actually living with anyone who has Alzheimer's and is full of good information, written on a layman's

level, and very understandable. I spoke with the writer and he is a journalist therefore the writing is excellent.. Keeping Afloat in a Ocean of Forgetfulness This is an excellent book for Alzheimer caregivers and written at such a personable level. Makes you feel better simply knowing you are not crazy, that others in fact proceed through this and that it's normal for friends and family to drift away when you become a caregiver... Helpful and Encouraging This first person account of looking after a member of family with memory loss dementia was very encouraging in many ways. When identical episodes occur in my own connection with caregiving, I recall the encouragement shared by the writer and it in fact uplifts me and helps me look for a positive response to my dear one. But you have to find a way to keep on going and keep on doing. I noticed both of my parents through the Alz/dementia nightmare for about five years--at a comparable time Gary was going right through it. Perfect book for family members to read This book is my favorite yet about family caregiving and Alzheimer's. I am using it in a course I am teaching on Alzheimer's training at Remembering4You (dot) Com.. I also valued the special thoughts at the end of each chapter. Also the reiteration of keeping a normal routine was a great reminder in every the circumstances. I am keeping this book in my library to continue to examine as I am presently caregiver to a relative with Alzheimer's. This is a must examine for all caregivers.Dr. Ethelle LordPioneer in Alzheimer's Coaching Very useful for the forgotten caregiver Read this after bathing in 36-Hour Day book which was recommended by Neurologist and very helpful. Since Mom can't remember what to finish a sentence, family members has virtually stopped calling or going to her. Quiet a page turner.. I cried and laughed all simultaneously. Use for a quick reminder at times now. Five Stars great Very Insightful Very insightful, I enjoyed it tremendously. Highly recommend for anyone coping with this cruel decease. We ought to all be therefore blessed to have a son like this! Very practical advice Helpful and really useful ideas for one who's a caregiver for someone with Alzheimer's.. Excellent and very helpful As a caregiver I found this book to be full of good advice. I care for my hubby and Gary covered all the things that I've currently experienced and what I could expect in the days, months and years ahead. Best publication if you want everyone in the family members to get a good look at just what a family caregiver and the individual living with Alzheimer's are living on a day-to-time and stage-to-stage basis. Dementia care givers ideas Worthy read as in among others. Not a standalone! Short chapters but full of helpful and encouraging information. ... Short chapters but full of helpful and encouraging info. What I like best concerning this book is the method the chapters are brief, to the idea, and the author uses plenty of humor. It brought back all the recollections of my a decade of providing family care to my husband who is coping with his Alzheimer's. A "must browse" if you are dealing with Alzheimer's My dad has Alzheimer's and this was just what I needed to read. For those considering being a caregiver it must be a guide.



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