



Attachment in Adulthood

SECOND EDITION

Structure, Dynamics,
and Change

Mario Mikulincer and Phillip R. Shaver

Mario Mikulincer and

Attachment in Adulthood, Second Edition: Structure, Dynamics, and Change



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Synthesizing a vast body of empirical study and organizing it around a comprehensive conceptual model, this book is regarded as the definitive reference upon adult attachment. The authors explain how what began as a theory of kid development is now used to conceptualize and research nearly all aspects of social functioning across the lifespan, including mental representations of self and others, emotion regulation, personal goals and strivings, couple associations, caregiving, sexuality, psychopathology, psychotherapy, and organizational behavior. The origins and measurement of specific differences in adult attachment are examined, as is the query of whether and how attachment patterns can change. *Clarifies and extends the authors' Not used to This Edition: *Reflects main advances, including hundreds of new studies. influential model of attachment-system functioning. *Additional coverage of leadership, group dynamics, and religion. *Increased attention to the interplay among attachment and various other behavioral systems, such as for example caregiving and sexuality. *Extended discussion of attachment procedures in counseling and psychotherapy. *Cutting-edge content on genetics and on the neural and hormonal substrates of attachment.



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Rich in references, thorough research a book for the 21st century. Deeply theoretical however concise and very well written academic work attractive to lay and the professional. Five Stars Everything you wish to know that has published research on adult attachment is the following in one place. Five Stars Great info! For me, enjoyably abundant with reference and broad in it's scope, quite a challenge to put down. As someone primarily been trained in CBT, I discover this book very useful in providing me a deeper understanding of some individuals I work with who've personality disorder diagnoses. I bought this book to help with a section of my dissertation, but am getting myself reading more chapters than anticipated since it is an interesting and easy browse. Great read!



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