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Eye Movement Desensitization and Reprocessing (EMDR) Therapy

THIRD EDITION

Basic Principles, Protocols,
and Procedures

Francine Shapiro

Francine Shapiro

Eye Movement Desensitization and Reprocessing (EMDR) Therapy, Third Edition: Basic Principles, Protocols, and Procedures



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The authoritative presentation of Eye Motion Desensitization and Reprocessing (EMDR) therapy, this groundbreaking book--now revised and expanded--has enhanced the clinical repertoires greater than 100,000 readers and has been translated into 10 languages. Originally created for treatment of posttraumatic stress disorder (PTSD), this evidence-based approach is now also used to take care of adults and children with complex trauma, anxiety disorders, despair, addictive behavior problems, and other clinical complications. EMDR originator Francine Shapiro reviews the therapy' Vivid vignettes, transcripts, and reproducible forms are included.s theoretical and empirical underpinnings, details the 8 phases of treatment, and training materials and resources. *New and revised protocols and procedures. size. x 11" Not used to This Edition *Over 15 years of important improvements in therapy and study, including findings from medical and neurophysiological research. Purchasers get access to a Website where they are able to download and printing the reproducible components in a easy 8 1/2" National Institute for Health insurance and Care Excellence (Fine), the Australian National Health and Medical Analysis Council, the Association of the Scientific Medical Societies in Germany, and other health care associations/institutes all over the world. *Appendices with program transcripts, clinical helps, and tools for assessing treatment fidelity and outcomes. EMDR therapy is recognized as a greatest practice for the treating PTSD by the U.S. Departments of Veterans Affairs and Protection, the International Society for Traumatic Stress Research, the World Health Organization, the U.K. *Discusses additional applications, like the treatment of complex trauma, addictions, pain, major depression, and moral injury, as well as post-disaster response.



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A substantial presentation of the condition of the art The third edition has been a while in coming - because the second in 2001, we've seen ongoing research into EMDR as a psychotherapy and fascinating studies of the eye motions Shapiro posited as facilitating a neurological processing of unresolved experiences, more international and national agencies evaluating that research and determining EMDR is an efficient therapy in the treatment of psychological trauma, and the continuous exploration of EMDR's with other conditions. The fundamental principles, protocols and techniques remain largely unchanged - given EMDR's success prior to the presentation of the next Edition, there is no shock in this. What the 3rd Edition brings is even more: more clarity, more experience, more research, even more applications, and, the continuous thread right from the start, more compassion. Clinicians familiar with the previous editions will see that "more" amplifying and clarifying their use of EMDR and offering a good, well established center with their work. Shapiro's constant insistence on empiricism, a posture she still maintains, resulted in stability through the sometimes rough rapids of a paradigm shift in psychotherapy and this volume may be the best expression of this shift. Five Stars great device for practicing EMDR Great information Great book Great condition Great condition. it matters We mean, this is actually the OG of EMDR. ed.) maintains what was greatest in the first two editions - an invitation to learn this effective therapy, one that makes use of their clients' own capability to heal. Get the newest edition. I have all 3 editions of Francine Shapiro's books that i ordered from Amazon. I purchased this book to learn the new additions to her publication and to stay updated with her new findings. EMDR Therapy 3rd edition Well overdue updates to another edition. Client/patients tend to be baffled by the potency of this treatment particularly when they have been treated with additional therapies previously that only brought temporary relief with their symptoms. I've heard multiple occasions from recipients of this therapy, that it has changed their lifestyle in significant methods, "the memory will there be, but the disturbance is fully gone" is a recent expression from a customer of mine. I would suggest this publication to any psychologist, doctor, nurse, graduate student or counselor, and consider the EMDR schooling- your life as cure provider will forever switch. Shapiro has begun to consider other clinicians' opinions and uses for the therapy she founded. The first chapter or two are difficult to . Fast delivery.. Excellent! The 1st chapter or two are challenging to get through but it is very helpful for clinicians to learn the material before or after schooling. Excellent Excellent resource. This is an emdr bible! EMDR is a Highly Effective Therapy for PTSD among other disorders I am a certified EMDR therapist, consultant and facilitator of simple training's for EMDR therapy. I'm glad to observe Dr. You need to get the most recent edition. For these clinicians, "Eye Motion Desensitization and Reprocessing" (3rd.. There are significant changes that are important. I would recommend any practicing clinician to read this book and take the EMDR simple training, it will switch your practice and help your patients in profound and significant methods.. Excellent! For clinicians simply sounding EMDR and wondering what this is all about, maintain a wholesome skepticism, read the publication and get been trained in the methodology, and try it together with your clients. New book!!. Condition as expected. This book I received was counterfeit This book had such a solid ink smell and poorly made I contacted the Printing company (Guilford Press) plus they determined the book to be counterfeit ?? Valuable Resource to Therapists I learned so much about EMDR I never knew. A very important resource for any therapist heading through the training.



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