

# CBT FOR CHILDREN AND ADOLESCENTS WITH HIGH-FUNCTIONING AUTISM SPECTRUM DISORDERS

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## CBT for Children and Adolescents with High-Functioning Autism Spectrum Disorders



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This book helps clinicians harness the advantages of cognitive-behavioral therapy (CBT) for children and adolescents with high-functioning autism spectrum disorders (ASD). The book also discusses general problems in adapting CBT because of this population and provides a useful framework for evaluation and case conceptualization informed by DSM-5. Chapters present session-by-session overviews of each intervention plan, review its evidence bottom, and address practical considerations in treatment. Leading treatment developers describe promising techniques for treating common challenges faced by teenagers with ASD--nervousness and behavior problems, public competence problems, and adolescent problems around sexuality and intimacy.



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Five Stars Covers all the information I was looking for. Four Stars extremely good and has testament plan examples



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