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second edition

your defiant child

**8 Steps
to Better
Behavior**

Restore your loving relationship with your child—and
bring peace to your home—with this proven program!



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Your Defiant Child, Second Edition: Eight Steps to Better Behavior



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Discover a way to get rid of constant power struggles with your defiant, oppositional, "impossible" 5- to 12-year-old, by using leading kid psychologist Russell A. Barkley. Dr. Barkley's ongoing encounters with parents and kids. *Stay calm and consistent--actually on the most severe of days. Step by step, learn how you can: *Harness the power of positive attention and praise. *Use rewards and incentives efficiently. Vivid, realistic tales illustrate what the methods appear to be in action. *Establish a time-out system that works. Thoroughly revised to add the latest resources and 15 years' worth of research advancements, the next edition also reflects Dr. *Target behavioral issues at home, in college, and in public areas. Barkley's approach is research based, practical, and doable--and prospects to lasting behavior change. Helpful questionnaires and forms could be downloaded and printed in a convenient 8 1/2" x 11" size. Mental health professionals, observe also the related name, Defiant Children, Third Edition: A Clinician's Manual for Assessment and Mother or father Training. For a teen focus, see also Defiant Teens, Second Edition (for professionals), as well as your Defiant Teen, Second Edition (for parents), by Russell A. Barkley and Arthur L. Barkley. Champion-- Parents' Choice "Approved" Award



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Really good, but doesn't standalone I buy into the reviewer above that the book is heavy on practical information, backed up with analysis (which is vital that you me). Very helpful 2 stars If you can easily translate stereo instructions this book will be great. I think the book is basically aimed at parents with a school-aged child (K-3, maybe), with ADHD and defiance, and no other significant issues. Anyone else will be tweaking this content pretty much, but it's still good information. To summarize the content, Barkely recommends that you start by spending positive time together with your child (a quarter-hour, basically each day). I consider myself an intelligent person yet this reserve was hard to decipher. He directs parents to put into action only this one modification for the first week, and to keep writing, basically, forever. The next week, he guides the reader in setting up a system to reinforce the desired behaviors. He runs on the token system. Some youthful kids might struggle with that, but he does give a few tips on how to address that difficulty. I believe most kindergarteners could catch on. Younger kids, I don't know. The consequences consist of losing the points they gained for performing the proper things (above), and time out... I like that the kids are essentially being asked to accomplish the same things you would ask of any child. Then you create the pricing guideline so that they use most (about 2/3) of their points to buy things that a lot of kids get for free.)3. After that he begins to guide the parent through a series of steps to implement fairly mild, extremely consistent consequences for misbehavior.. He also gives guidance for how to work with the institution, and how to fade out the intensive behavior-modification program described above. (That's not really something I expect the writer to improve, it's more of a buyer's heads up. Heavy on useful tips. (It's actually a cookbook strategy, and the author will not actually recommending customizing this program.)2. With tweaking, the essential idea worked well.4. With the heavy emphasis on study, I was amazed.5. What I thought could be improved:1. The book is very clear on when to seek outside help. No reference to how to integrate the new-ish analysis on emotional coaching being released by Gardener. The writer is up-front side about the time/energy required of parents to be able to implement this system. Real help here Recommended to us simply by a child psychologist, This is such a help figuring out the sons behavior, and now, after following it's measures, our Boy is a totally different kid.2. It's an excellent reminder about how exactly to lead with compliment and be mindful. What I liked about any of it:1. So it's not a cushy bribe, it's just the old method of taking privileges away, fired up it's head.. great book perfect conditions Five Stars instructional This is an excellent self help book to use in cases where Parent-Child . The cover shows that the material is appropriate for 2-12. I believe 6-10 year olds would benefit a lot more than kids on either end of the number. Now, in the actual book, Barkely indicates the token system would work with kids with a cognitive ability of 2 or more. I think that could be accurate. A child of 8 with a cognitive disability is different than an actual 2 year old in lots of ways, however. And, as stated above, the parents will end up being adjusting like crazy, I would think about.4. It's a difficult book to follow, but it has great outcomes if you go step-by-step and week by week. Great Book Great book if you follow it. Probably it's not in there because it seems challenging to mesh the two ideas (but that's exactly why the extra help will be so beneficial). The principles in this book have produced us better parents in lots of ways. I think our relationship with our son could have deteriorated a great deal without the help and insights here. Thank you for understanding so much about defiant kids! I can understand why, if a child isn't the 'focus on kid' you will have to tweak it a lot. Be aware that the author recommends against customizing this program. My son's behavior offers improved dramatically because of the tips in the book! Supported all claims with analysis3. Very Helpful book This book is amazing but anticipate to do some homework. I came across it ideal for my situation, but not the best publication I've read. He provides concrete suggestions for how to do that, even if it seems impossible at this time. And he's fairly shiny, if I say so myself.. The token

system didn't really work at all with my 2 1/2 year old. This is a good self help book to use where Parent-Child Conversation Therapy isn't available. It comes after the same concepts and explains things in ways parents can understand. but I absolutely think it was a good book to read My son is a little young for some of these strategies, but We absolutely think it had been a good publication to read. If your child doesn't have ADHD, or offers other issues besides ADHD and a tendency to defiance, you'll be tweaking a lot. I would recommend it to any mother or father who feels frustrated.



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