

second edition

BODY IMAGE

**A Handbook
of Science, Practice,
and Prevention**

Edited by Thomas F. Cash and Linda Smolak

Thomas F. Cash

Body Image, Second Edition: A Handbook of Science, Practice, and Prevention



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The typical reference for practitioners, researchers, and students, this acclaimed work brings together internationally recognized experts from varied mental health, medical, and allied health care disciplines. and present evidence-based assessment, treatment, and prevention techniques for the full range of body image problems. probe questions of tradition, gender, health, and disorder; Contributors examine founded and emerging theories and results; *Increased coverage of avoidance. Not used to This Edition *Addresses the most urgent current questions in the field.*Reflects significant advances in key areas: assessment, body picture in boys and guys, obesity, illness-related body image issues, and cross-cultural research. *Conceptual Foundations section now includes evolutionary, genetic, and positive psychology perspectives. Capturing the richness and complexity of the field in a readily accessible format, each one of the 53 concise chapters concludes with an informative annotated bibliography.



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Great book! This book makes a particularly unique contribution by virtue of its combination of concision, clearness, and comprehensiveness.. Good text. Reading the chapters of this book is like having the unique and wealthy opportunity to speak personally with a leading scholar and also have them provide a very clear and concise overview of the scientific literature that has been the concentrate of their attention for many years (often decades). It really is quite beneficial and eye-opening not only for being in school but prepares you to see what it's like inside our world as well.. We purchased it mainly as a go-to text message to learn by. So far, so good. The editors possess brought jointly the most knowledgeable professionals on an impressively wide range of body picture topics. Hard to find things Expertly edited, scientifically sound, comprehensive yet concise This volume has been skillfully edited by two of the world's leading experts on body image. Both experienced long and distinguished scientific professions which supply the foundation to allow them to make this particularly useful contribution to the scholarly literature. Three Stars This book isn't well organized for me personally. Great book! It is quite interesting and eye-opening not . If you would like the "greatest of" the scientific literature on body image from the people who know, after that this is actually the book for you.



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