

FOURTH EDITION

The KETOGENIC *Diet*

A TREATMENT FOR CHILDREN
AND OTHERS WITH EPILEPSY

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**Ketogenic Diet: A Treatment for Children and Others with Epilepsy, 4th
Edition (Large Print 16pt)**



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I was pushing my boy, Charlie, in a swing when his head twitched and he threw his best arm in the atmosphere. Nine months afterwards, . That was the start of an agony I am without terms to spell it out... Since Charlie started the (ketogenic) diet, he has been virtually seizure-free, completely drug-free of charge, and a terrific small boy. Charlie's seizures were unchecked, his advancement delayed," and he previously a prognosis of continuing seizures and progressive retardation. He has already established to remain on a modified version of the ketogenic diet after getting on the full diet for just two years, but he goes to college and leads a standard, happy lifestyle. The ketogenic diet plan is such an answer. Even when seizures are fairly well under control, medication may influence childrenC Us alertness and mental clearness, impairing their capability to find out and reach their complete potential. Many parents want beyond currently available medicines for a satisfying option to seizure treatment." One in five children with epilepsy provides seizures that are resistant to medicines. This rigid, mathematically calculated, doctor-supervised diet is high in fat and low in carbohydrate and protein, and strictly limits both calorie consumption and liquid intake. The diet helps to control seizures and allows many children to become both seizure-free of charge and drug-free of charge. This extensively up to date edition covers the countless advances that have been made in understanding how the diet works, how it must be used, and its future role as cure for children with epilepsy.



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