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The Dental Hygienist's Guide to Nutritional

CARE

Cynthia A. Stegeman
Judi Ratliff Davis



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Cynthia A. Stegeman RDH MEd RD LD CDE and

The Dental Hygienist's Guide to Nutritional Care (Stegeman, Dental Hygienist's Guide to Nutritional Care)



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The Dental Hygienist's Information to Nutritional Care, 4th Edition, is specifically tailored to address relevant nutritional concerns for both practicing hygienists and oral hygiene students alike. Written by an author group with encounter in both disciplines, this full-color text presents a balanced and extensive view of how nutrition affects dental health. Furthermore to basic nutritional suggestions relevant for dental hygienists, coverage also includes current nutritional worries, such as high-protein diets, bottled water versus tap drinking water, the latest Dietary Guidelines for People in america, and the new (ChooseMyPlate.gov graphic and meals guidance program.NEW! Practice quizzes permit you to test your comprehension along with quick opinions and remediation to handle strengths and weaknesses.NEW! Biochemistry chapter provides foundational principles that support content through the entire book and also address coverage on the National Panel Dental Hygiene Exam (NBDHE).NEW! Updated protection includes new content material on fluoride, supplement D, calcium, the most recent Dietary Guidelines for People in america, the new ChooseMyPlate.gov graphic and meals guidance system, and the latest study in this dynamic field.NEW! Full-color photographs and illustrations showcase current federal suggestions and exemplify the types of foods that supply different macro- and micronutrients. A new chapter on biochemistry expands protection of a topic that is tackled on the oral hygiene board exam. No other nutritional instruction in dental hygiene offers so much!



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