## HOW DID THIS HAPPEN?

POEMS FOR THE NOT SO YOUNG ANYMORE



KOTTED BY

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INITORS OF THE RESTRELLING TO HELL WITH LOVE

Mary D. Esselman

How Did This Happen?: Poems for the Not So Young Anymore



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From the bestselling authors of The Hell with Love, a fierce, funny, touching collection that takes the sting out of "aging while female."



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Perfect gift for any woman over 30! I really like this book so much! As a 53 12 months old woman, I found friendship, consolation, truth, and laughter on every page. The tone of the book felt off if you ask me. An uneven assortment of previously-published poems Women are held to more rigorous specifications with regards to their appearance, and it's really a losing battle. Most of us grow older: it's an inevitable by-item of growing up & attaining maturity - so why are women the types who are punished for it; the ones who are mocked for either not really trying or attempting too hard;. Poems For The Not So Young Anymore" is compiled by Mary D. Vincent Millay's THE HARP WEAVER. I could not wait. A publication that mocks the concept of growing old as a woman and light-heartedly pokes fun at double-specifications? When I noticed this on Netgalley, I rejoiced inwardly because it appeared like such a relatable, tongue-in-cheek concept. Now, having read it, We am of two thoughts. "How Did This Happen? The contributors to the effort are diverse and range in style and period, from Amy Poehler to Shakespeare, and don't mesh particularly well - especially not if you went into this publication as I did so expecting something else. I purchased 10 copies to provide to close friends as we walk jointly through the years. I Love poems! I Love poems! A great poetry collection This poetry collection was humorous, insightful, thought-provoking, and refreshing. A few of my favorites in here - Emily Dickinson, Sylvia Plath, Walt Whitman, Margaret Atwood - are nearly morose, and Personally i think just like the tongue-in-cheek intros take action at odds with the sober, speculative content of the poetry. I've said this often: one of the issues with many anthologies can be that it is difficult to acquire articles that manages to stand out without contrasting in a jarring way. There are always going to become some additions that outshine the others, plus some that drag down the others. I understand the difficulty to be an editor for such a collection. The way HOW DID THIS HAPPEN? Almost every aspect of "Sister Age group" can be confronted, the sections include: Damage- Defiance - Dread - Grit - and Grace. The poems are so different in tone that they clash, and there's no rhyme or reason to them, apart from the motif of growing older and feeling sad or insecure or accepting of the. Thanks to Netgalley/the publisher for the review copy! Esselman and Elizabeth Ash Velez: both ladies are teachers, also former reporters of individuals Magazine, and have liked an abiding friendship which includes a mutual love for literature and poetry.5 to 2 out of 5 stars Poetry: A THRILLING and Daring Exploration of Ageing... From Amy Schumer's "excellent feminism" that boldly addresses women of all age range, to Lena Dunham's "unapologetic frankness" that inspires truth and intimacy, to Dorothy Parker's "devastating wit". Apart from the publicity force of superficial beauty, wellness, and wellness books compiled by ex-models and superstars able to spend thousands in various surgical procedures and enhancements—it is possible to age group with dignity and grace. On the main one hand, I feel obligated to point out that is a assortment of poetry and not really a genuine work of new, fresh poetry.It occurred to me recently that I hadn't read any kind of poetry since I found Edna St.1. This daring book speaks candidly to women of just about any age—whether managing a recognised career, steering towards retirement, or already retired, the stigma, shame and silence encircling aging need not be so troubling and problematic. was curated definitely falls prey to this tendency.. No publication on female aging will be complete without mention of Nora Ephron's (1941-2012) "I Feel Poor About My Neck" (2008) and "I Remember Nothing" (2010). Prose, poetry, quotations and even more are included from numerous noteworthy and classical writer's including Shakespeare. The inevitable aging process can ravage or redeem us: many women are shocked to reduce their appears, problems, regrets, tragedies, can harden or poison our hearts with bitterness, i noticed this book on good reads and do a small amount of my research and would to have this reserve, but im waiting for something a little more not

expensive. Women... within their fifties... are human beings, not refracted images of some insane feminine myth." As women slow down, it could not be so bad to contemplate "the blazing beauty" of the world around us, ("Solstice Poem, iv"—Margaret Atwood). We have more time to think about life lessons discovered, heal our hurts, and we are wiser for this. ~ Much appreciation and because of Hachette Reserve Group via NetGalley for the direct digital duplicate for the purpose of review. This is at chances with the poems themselves, many of which are severe in tone. I was so content I did! The disadvantages of aging are fulfilled with humor and the advantages of increasing wisdom and lifestyle experiences are focused on. As a girl in my late 30s I read this book hoping that I would be able to relate with it. It encourages us never to approach ageing with dread and dread, but to approach it with grace and dignity. I specifically agreed with the idea that we should embrace growing older, as the alternative of not really getting older is definitely not a better choice.\* I received an electronic copy of this title from Netgalley in exchange for an honest review. It is divided into several sections, depicting different attitudes relating to one's descent (or ascent) into old age. i saw this reserve on good reads. the types who are criticized, debased, sexualized, and dehumanized?. Each section includes a forward, which is very sarcastic in a pop-culture-laden Cosmopolitan op-ed type of method. Zadie Smith observed: "Something changes when women are forced out from the beauty industry and marital fantasy sector—I think they become their true selves... but i've hear great things about this reserve of poems.



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