

Downsizing The Family Home A Workbook



- ☐ Set your downsizing goals
- ☐ Track the journey as you go
- ☐ Know what to let go of

- ☐ Create your family museum
- ☐ Learn what to sell where
- ☐ Organize and track sales

Marni Jameson
Nationally Featured Host & Author of Downsizing

Marni Jameson

Downsizing the Family Home: A Workbook: What to Save, What to Let Go (Downsizing the Home)



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Building upon the award-winning *Downsizing the HOUSE*, this guide—component journal, part workbook, component scrapbook—ll learn here as they clear, sort, sell, conserve . Nationally syndicated columnist Marni Jameson covers these topics, and even more: Nostalgia: Memories—matter.s just stuff! Maybe so, but sorting through everything and quieting the feelings that downsizing stirs up can be difficult—whether you're going through your own or your parents' Find out what to toss, sell, donate, and keep, all while keeping harmony in the family members. This essential workbook provides valuable guidance and how-to checklists along with a place to reflect, record, and maintain an important piece of genealogy, even as you let go. . not really things— It' Figure out how to forget about the guilt and sadness that downsizing awakens as you evaluate the feelings together with the stuff. Endow: Discover as to why you cling to possessions, and find the freedom to go on to the following chapter in your daily life. Readers can simply apply the tips and takeaways they' home. Keepsakes: Save just enough to keep warm thoughts alive without creating mess. Downsize: Roll up your sleeves and dive in! carefully walks downsizers through their profound journey. . and chronicle.



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