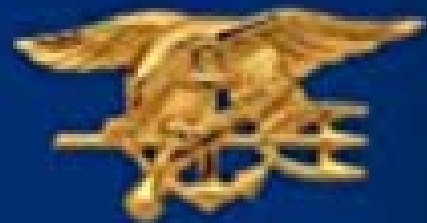


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# SEAL

## Survival Guide



A Navy SEAL's  
Secrets to  
Surviving Any  
Disaster

**CADE  
COURTLEY**

Former Navy SEAL sniper  
and host of *Surviving Disaster*

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Cade Courtley

## SEAL Survival Guide: A Navy SEAL's Secrets to Surviving Any Disaster



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Think and become a Navy SEAL and you may survive anything. Don't or prepare yourself. " You't be studied by surprise. You can live scared—t live in fear or rely on luck. ll learn to think just like a SEAL and how to: improvise weapons from everyday products \* pack a go bag\* escape mass-shootings \* treat injuries at the picture\* subdue a hijacker \* survive extreme climates \* travel safely abroad\* reduce the chances of animal episodes \* survive pandemic \* plus much more Don' Previous Navy SEAL and preeminent American survivalist Cade Courtley delivers step-by-step guidelines anyone can get better at in this illustrated, user-friendly guide. We under no circumstances thought it would happen to us. Learn the SEAL mindset: Be prepared, feel confident, intensify, and know just how to survive any life-threatening circumstance. From random shootings to deadly wildfires to terrorist episodes, the reality is that modern lifestyle is unpredictable and dangerous. Don't be a target. Fight, protect yourself, and beat the odds with the essential manual no-one in the twenty-first hundred years should be without. BE A SURVIVOR, NOT A STATISTIC!



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THINK AND BECOME A SEAL TO SURVIVE Courtley's purpose on paper is to equip his visitors to believe, to adapt, also to respond such as a Navy SEAL in order to survive unexpected risks whether of natural or of individual origin. I loved the book for a number of reasons: 1). The 34 survival scenarios protected the gamut of potential risks for virtually any contingency one might imagine. 2). Great info! 3). His insights are based on a decade of his function in the SEAL Teams and include interesting first-hand anecdotes. Simply no, there are simply no "Super Secret" SEAL secrets revealed right here - just the fundamentals, which are shipped in a easy-to-relate-to way. The reserve reminded me of many good lessons I learned during my ten years in the armed service and had nearly forgotten. It introduces a way for making great survival decisions quickly under stress. Readable information Reading about avoiding disasters in this turbulent age group seems to me a required activity. 34 Particular Survival Scenarios 3). Every one of them live in places with bad weather, and most of them like outdoor activities. Medical Treatment I have previously recommended this book to numerous of my friends and bought the reserve for my sons-in-regulation (neither of whom includes a military background). I feel Courtley's major contribution in this writing is in the next three areas: 1). It helps people develop situational awareness. Grandma's got you protected. It explains the importance of obtaining a survival mentality. 3). The book contains the following four sections on this issue of Survival: 1). A Good Read As one reviewer previously stated, the information the author included in this book can be found elsewhere. Obtain it now! The info in this book is indeed current that the writer addresses the Costa Concordia cruise liner disaster and mall shootings. The writer covers many survival topics and makes some very nice recommendations. These Seals are superhuman within their abilities. Most of what is offered is good sense which many in our society is lacking in an age that could kill you if you are not attending to. This book brings concentrate in regards to what we should be watching. Can you survive a dynamic shooter in a mall? a person with you) alive & Good survival set of topics The book is well crafted. While the central stage invariably returns to situational consciousness, there are plenty of good, and potentially lifestyle saving, tips for normal folks. To me, scanning this made me feel just like an old friend was attempting to teach me something in my own backyard between beers - familiar, comforting, with a lot of buddy-to-buddy bantering. Expectations vs. Reality We had heard the writer on the radio, and thought this might be a great book for my adult sons. Gear and Weapons 4). I believed that the publication would cover situations like obtaining stuck in a present bank overnight, but the book addresses ALL survival scenarios--at least, all that I could think of--and many more. Become sure to visit the preview on Amazon & check out the Table of Contents. There is much, much more professional advice included. (You hardly ever know very well what grandma might perform. believe 9-11 when people stayed in the buildings because they were told to. I like to know what professionals know and recommend--even though I might not be physically able to follow all of the recommendations.) These are some of the even more dramatic incidents that the author addresses, but the author does address even more mundane issues like obtaining stuck in the desert, falling through the ice & The Table of contents is in alphabetical order by incident, and for that reason serves as an instant & Among the best elements of the book will be the side bars. One is "By no means Hesitate to Ask Queries That Could Save Your Lifestyle"--It's a paragraph long, but the salient point is--"Don't let worries of what others think about you feel an impediment to survival. pointed in the right direction to get safely away of, or away from, the adversity. It is rife with false information... A good read to help you to pay attention Well written how not to get on your own dead book. auto accidents. Run a bit faster or for longer. If I'm involved in the middle of a biochemical assault, I want to be able to quickly look up some

practical ideas. Of course, I'm going to be having my Seal Survival Guidebook with me! 2).Buy it. It could happen to any of us, so we should prepare yourself! Learn it. Live. Place it in the toilet. The best messages for me personally out of this book are to push myself to see how much I can really do, at any age. easy index! Find what I think is definitely my limit and observe if I can't perform just a bit more. Size up my surroundings and be prepared. Act rather than standing back. It could be me who helps you to save a life. The only cause I rated this 4 out of 5 stars is because some individuals who read its information would become paranoid instead of prepared.If you are breathing, you will need this book. HOWEVER. Five Stars Great read DONT READ This book is trash. Definitely well worth the go through. I, for one, enjoyed the author's design, his wit, and, sometimes, his brutal honesty.4). This isn't a War College schooling manual, so in the event that's what you are looking for, move along. Since no-one knows when a harmful event may pop up, it appears only sensible to learn the simplest way to handle, at least, some of the more prevalent ones. I would recommend it as an excellent first-period or refresher read. Sound Advice In An Unsound World The writer took what might have been a boring subject and made it into super easy reading. The author tries to cover nearly every single survival situation. I learned a lot about topics and situations I hope I will never experience. Even pet bites and episodes are described. Some circumstances are defined in great details. Some are a little bit shallow but they aren't that critical in my opinion..I only wish We had bought the hard cover version in order to strike a potential attacker in the throat seeing that he suggests in the book. a book you'll want to keep useful. It addresses most adverse circumstances a person might encounter throughout their life. The author then goes on to recommend a number of solutions that are most likely to maintain (& This book increases you probabilities in that scenario and many others." Hmmm.When my sons got the book, they asked when I would disarm a hand grenade or be involved in a high-speed chase. An excellent read & Full of Life-Saving Information This book is like a survival bible. That is a Superman's view of survival. Even if you are not the physical specimen of a Navy Seal there is certainly information that you can and should use. Incredible action to Survive challenging times. Be in good shape to even to learn these things! Courtley's advice is sensible and resonates with great common sense. This book was very useful for peace of mind and an eye opener aswell. There is a ton of info which you can use every day plus alot to assist you plan other situations. I recommend everyone go through this publication! Mental and Physical 2).. Superb source reading for survival An extremely thorough organized schooling source reading in survival written by an experienced veteran US Navy SEAL who understands what he is talking about. Great book Too much to remember, but everyone should read this book. I follow much of this information just out of common sense. Good read Some really good material in this but also some items that is hopefully good sense. I would suggest this to a pal for sure...



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