

BABY MASSAGE AND YOGA

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your baby's immune system (page 15)
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cognitive development at the crucial stage
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a test and learn more online (www.teachyourself.com)



IN ASSOCIATION WITH *touch*learn

Anita Eppler

Teach Yourself Baby Massage and Yoga



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Baby Massage and Yoga exercises Teach Yourself



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Wonderful Resource I purchased this for an exercise and found it an excellent resource and VERY helpful and easy to check out good little guide this is an excellent little informative book, has accompanying nursery rhymes. Works for my My baby was often fussy at nap moments, I bought it yesterday and every nap is easy with a massage, also this publication shows when is not a great time for a massage therefore far works good for me we checked a couple of books right out of the library, and this may be the 1 bought to keep.



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