

DIGESTIVE WELLNESS FOR CHILDREN

How to Strengthen the Immune System &
Prevent Disease Through Healthy Digestion



Natural remedies for attention deficit disorder, constipation,
chronic ear infections, recurrent abdominal pain, irritable bowel
syndrome, asthma, food sensitivities, and more.

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DIGESTIVE WELLNESS FOR CHILDREN The health of our children is determined by their environment, the food they eat, the media they consume, just how they make use of their bodies, the love (or abuse) they receive, and the chemicals to that they are exposed. It provides practical guidelines for keeping children healthful, for healing them when they aren't, and for feeding them healthful foods that may provide the nutrients they have to stay well and strong from infancy through the teen years. Fortunately, it's not too late to do something concerning this sad situation. Children are really resilient, and a lot of research on the role of nutrition in health, development, and disease can be pointing just how toward natural methods to our children's healthcare. celiac disease; We've lately notice the increasingly many children who are overweight and/or suffer from mental illness and additional health issues. The first part of this book is an summary of children's health issues. The second component is a "crash program" in nutrition recognition. Hirschsprung's disease; leaky gut syndrome; colic, teething, and spitting up; gastroesophageal reflux/hiatal hernia; The third part examines many digestive conditions from infancy to adolescence and from mouth area to bowel - including meals sensitivities/allergies; Digestive Wellness for Kids is a primer for all parents who are interested in studying, and actively assisting, their children's digestive wellness. ulcerative colitis; and Crohn's disease. Included are detailed, very easily navigated appendices on laboratory testing and disease-healing options. The fourth component discusses and offers natural supportive and healing options for digestive and various other issues associated with a myriad of medical complications including arthritis, asthma, attention deficit disorder, autism, cystic fibrosis, diabetes, Down syndrome, influenza, migraine, and even more. Digestive Wellness for Kids is among the most useful and comprehensive equipment for parents to use in the vital quest for their children's best health.



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