

# THRIVING IN RETIREMENT

LESSONS FROM  
BABY BOOMER  
WOMEN

ANNE C. COON AND JUDITH ANN FEUERHERM

FOREWORD BY

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## **Thriving in Retirement: Lessons from Baby Boomer Women**



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This important book shares insights produced from surveys, interviews, and focus groups conducted with a diverse band of first-wave Baby Boomer female professionals (born 1946–1956).• Offers a model for reflection to help Baby Boomer professional women understand who they are, their strengths and passions, and what they would like to do as next steps when they keep their full-time careers• Presents compelling stories from women of a variety of ethnic and geographic backgrounds, professions, and work statuses as well as races, sexual orientations, and marital statuses to represent a shiny, engaged cohort of women to whom readers can relate as colleagues• Asserts a new, future-oriented concept of retirement, where individuals draw on the strengths and expertise of their careers even though actively engaging with others and exploring interests and passions they may have set aside during the past They changed the place of work in the 1970s and are now changing views of retirement.



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How Boomer Females Are Thriving in Retirement The authors weren't searching for answers, necessarily. That is a fine publication made to get us thinking about steps to make the the majority of this lifestyle chapter. Rather, they wanted "to provide opportunities for ladies to speak to one another, to reflect on their lives and careers," they wrote.



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