

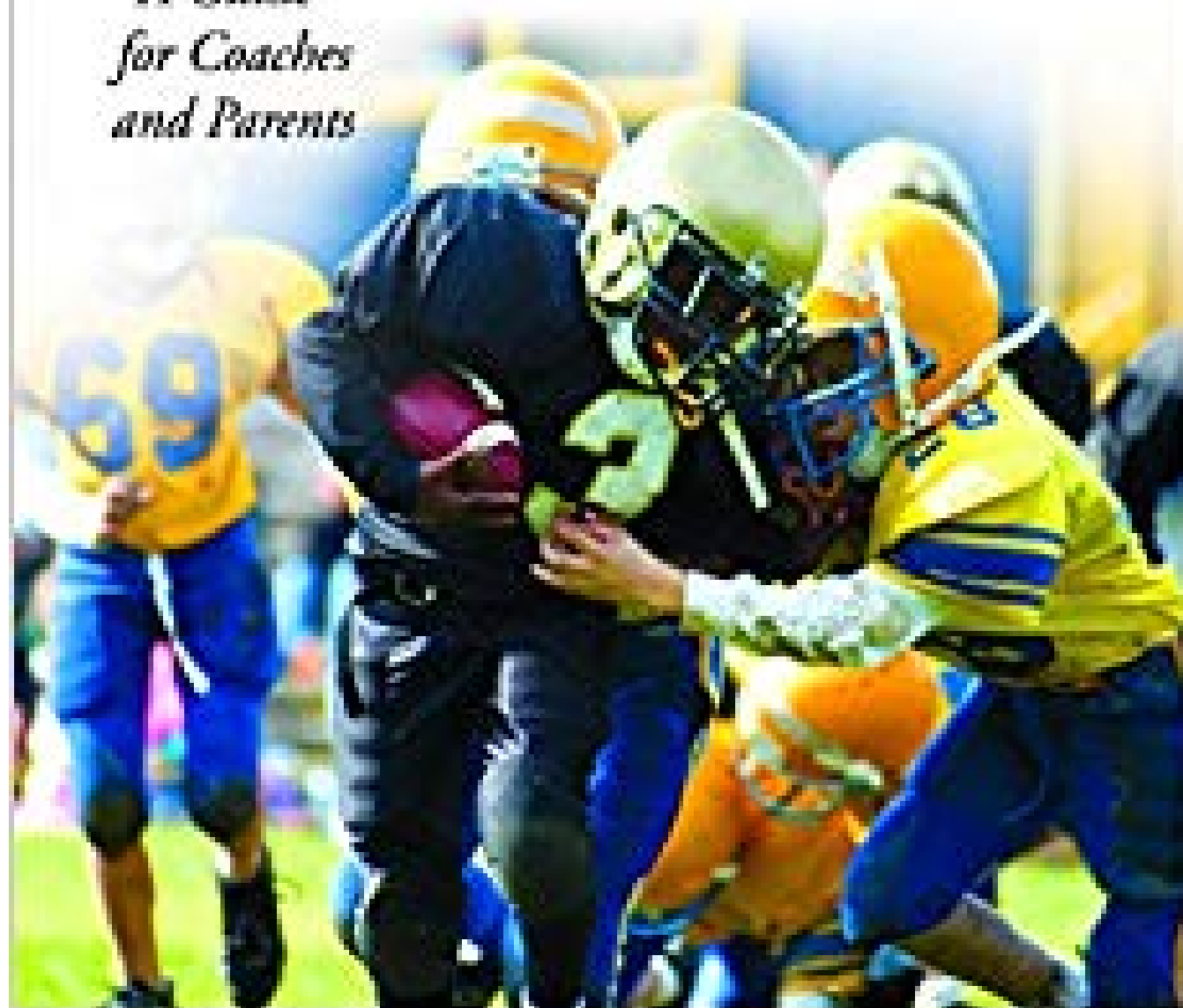
WILLIAM PAUL MEEHAN III, MD

*Foreword by Lyle J. Micheli, MD*

# Kids, Sports, and Concussion

SECOND EDITION

*A Guide  
for Coaches  
and Parents*



William Paul Meehan III and

Kids, Sports, and Concussion: A Guide for Coaches and Parents, 2nd Edition (The  
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A thorough summary of sport-related concussion for parents, instructors, and athletes that considers the physics and biology behind the injury, identifies what you can do to reduce the chance of its occurrence, and describes how to properly react to a suspected concussion. Offers a detailed but easy-to-understand, jargon-free description of types of trauma and the forces that result in a concussion as well as what happens to mind cells when the brain suffers a concussion. Presents the reality about sport-related concussion and the potential for cumulative effects of sport-related concussions, including a conversation on the subject of chronic traumatic encephalopathy. Informs athletes, parents, and instructors about ways in which to prepare for a possible concussion, how to respond to a potential concussion, and steps to try decrease the threat of a concussion injury.



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