

The Praeger Handbook of

## Mental Health and the Aging Community

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The Praeger Handbook of Mental Health and the Aging Community



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A comprehensive book compiled by experienced practitioners, this single-quantity work describes clinical competencies, specific difficulties, and applications in providing services to older people and their caregivers. • Includes therapeutic interventions and addresses critical components including diversity, poverty, disability, and regulations and ethics of elder treatment • Features case research that clearly illustrate expressive arts, animal-assisted therapy, couple's counseling, family members therapy, and evidence-based remedies • Ideally suited to learners, psychologists, counselors, therapists, and health professionals who use, or try to practice with, elderly people and their families • Enables interns in their early years of practice to make sure that their services work, client centered, customer driven, and evidence-based



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