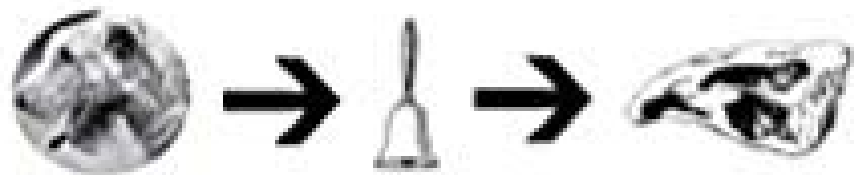
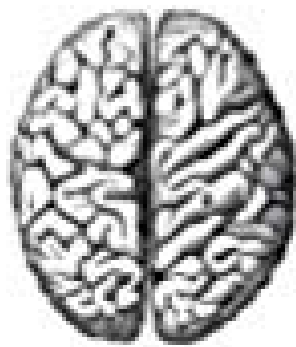


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connect with the DSM and APA. To wit, p. 30: Anna Freud's ego defenses, p.anything a patient does is definitely then interpreted in relation to this psychiatric label" that your APA would find (in an exceedingly IMHO self-serving way) unethical as the experimenter lied to the subjects...can be disastrous since it leads to failing to hear or identify all sides of a disagreement and can result in impulsive decisions...to combat groupthink, authentic dissent ought to be nurtured," pp. 197-8: "Cognitive Behavioral Therapy--the individual can begin to understand what feelings and thoughts influence their behavior...people do not simply get upset, but can be so as a result of having inflexible beliefs," p. 199: Albert Ellis' Rational Therapy or Rational Emotive Behavior Therapy--"For a person to end up being emotionally healthy, they need to accept reality, even if this the truth is unpleasant" [avoid value judgments], p. 219: Erich Fromm's Automaton Conformity, p. Exceptional for reviewing the basics. Uniqueness Results--"False consensus... my boy loves it.. It is well structured, primarily focusing on a chronology based approach of the main element contributors and then discussing the key theories.g.e. This publication makes me feel as if I have all the psych knowledge in my hand and can answer any issue with a few flips of the web pages. While these folks do not necessarily believe that most people have their radical viewpoints and beliefs, they perform overestimate the number of those that do, which additional twists their perceptions of the globe around them,"and worst of all--p.240: The Rosenhan Experiments with pseudo-patients admitted to psychiatric hospitals--"according to Rosenhan, this 2nd study demonstrated that psychiatrists are unable to reliably differentiate between a sane person and an insane person.. assessment by graphic means including art therapy & 49: "Groupthink--When a group agrees on most issues, there exists a inclination to stifle any dissent. 129) since Rorschach is certainly described (with short card interpretations) on pp.As a scientist (retired physicist, electronics engineer, systems engineer, project engineer, etc.) , I must say that the dichotomous view of nature (the exceptional OR) is absurd--we. [Lee Ross' experiments] show that people have the tendency to judge how everybody else should make decisions based on how they, themselves, would make a decision [~self-serving biases], p. Great judgment doesn't walk out design. Both imply violations of the non-allness principle. The simple truth is that virtually every decision can be an ends-means decision and that occasionally the ends justify the means and sometimes they don't. The APA, IMHO should strive towards being more scientific and inclusive IMHO. that either the ends justify the means or they don't. Awesome Book I'm a psychology major, and I must say..), he does point out the recent cultural biases impacting psychology, without comment. It really is so great to have an almost pocket sized publication that shortens the main points of psychology. Good material I thought this book was going to be a regular text book, but I didn't know it had been going to be like a pocket size book.:Overgeneralization: using an isolated situation and broadly assuming others are the same way"Disqualifying the positive: Acting as if occasions that are positive usually do not count. Great book!g. This book helped me pass my Psychology Exit Exam. 272: Lee Ross' Cognitive Biases: Fake Consensus & Love Love it Good! and sand play therapyManagement Methods-- Situational Leadership II by Zigarmy, Blanchard, and Zigarmy--which I found quite useful as a Supervisor/Manager. [e. Useful Very informative and highlights major accomplishments of scientists in the field of psychology. Great intro to psyche Great summary of influential psychologists and major ideas in the field. Is actually easy to read . Could be better I would like it more if there is more examples of the actual tests and not so much history of the person's life. But good info for general knowledge Short and sweet Interesting



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