



wear this, toss that!

Hundreds of fashion and beauty swaps that
save your looks, save your budget & save you time

AMY E. GOODMAN

Amy E. Goodman

Wear This, Toss That!: Hundreds of Fashion and Beauty Swaps That Save Your Looks, Save Your Budget, and Save You Time



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It costs us not to look our best! Dressing badly costs us interviews, initial impressions, money . . . and many more. Nevertheless, you can look good on a regular basis, asserts Amy E. as a normal on NBC's Goodman, the magazine maven and design expert who's a pencil skirt that lands simply above your knees or a bell skirt that bunches at your middle? Her one-stop fashion and beauty reserve cuts through the information overload to instruct you how to dress to impress whatever your age, lifestyle, or size— outlines the 30 bits of clothing and 30 accessories plus beauty essentials every woman must very own. Who can afford clothes and makeup that don't meet or flatter? wearing and want to produce a change. By sorting through the items you already have and acquiring inventory of what you need, you can build upon what you own and lastly create the winning total look you's closet, use this, toss that! while staying true to yourself as well as your budget. After that Amy builds beyond the requirements, walking you through your closet, rack by rack, shelf by shelf, and drawer by drawer, letting you know what things to wear and what things to toss. Cleverly organized just like a woman's Amy provides immediate design answers for real women: •ve always imagined! 700 wear/toss products • Over 1,000 product suggestions • You-heard-it-here-1st steals and deals • On-sale items to avoid regardless of price • Styling guidelines for each and every body type • The ultimate shoe guide: you'll never issue which footwear is best again! • A long cardigan that graces over your curves or a super drapery wrap that resembles a blanket? t just like the clothes, accessories, or make-up they' or one that's unfiltered guidance, put on this, toss that! will inspire you to purchase yourself, shake off the wardrobe blahs, and awaken your looks from check out toe. Step into your closet: s got to go, and why. 24 "s Today display. A cropped, straight-leg pant with a set front side or wrinkled, baggy cargo trousers? A shade of red lipstick that says "bombshell" products to rescue you from any style emergency Filled with candid suggestions from pro stylists and designers, along with Amy's says "We'm attempting too hard"? If these questions make you cringe, then wear this, toss that! is your go-to guide. Almost instantly you's for women of any size, age, or lifestyle who also realize they just don't save-me" Since every piece needs to count, Amy uses snappy, clear comparisons showing how to regain control of your closet and beauty shelf by simplifying your choices. It'll learn what works, what' Do you have: A ruffled tank that sweetly frames your face or a blouse with overpowering ruffles?



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unhelpful Arbitrary and unhelpful. She runs on the common sense approach to composing this book, which makes it a straightforward but exciting read. Excellent book, had great ideas, which with my noodle head, I did so not realize that wearing a too restricted blouse was a fashion and life zero, no. In the end, the useless little bit of clothing yielded a YES to the initial question. You can style your own shoes there, just a little pricey, but nowhere near what you'd pay for the same quality in a dept store. Her skin care recs are also great (at least the ones I tried) On a final note, she's a chatty, friendly trend that is available and charming. for cleaning out closets, I recommend my friend Beth's guide. has some fabulous links I really consider this a three . 5 star publication, but there isn't a choice for that. I simply felt this was a temporary problem so I refused to get bigger clothes.... you'd be surprised how many garments won't get yourself a YES to any of the three questions! Want I had this years ago! Just what a great book. I REALLY LIKE the visible format, the easy design of the writing, and I am laughing at how often I read a bit and tell myself, "OF Program! Why didn't I toss that darned thing this past year... Never did feel great in it! She also lets you know how exactly to appropriately pair things, something I have a problem with specifically when it involves shoes." The author points out the things you can't place your very own finger on -- why something doesn't look quite right. Five Stars great Yes and purchase this and don't purchase that too! All the solutions are uncomplicated, useful, and completely do-capable. This book can make an excellent "girlfriend" gift too. Actually I'm going on a women' weekend next week and I'm bringing a copy for every of my pals! Therefore the Beth queries aren't scary. I definitely think this is best publication on fashion period! With that said, in the event that you never saw the how to perform it better females books, then it does the service sufficiently. I also was in love with the custom shoe site Milk and Honey that she recs. She suggested ask myself these three questions: DO I REALLY LIKE IT DO I WANT IT DO I TAKE ADVANTAGE OF IT Answering YES to any of the three questions justifies your keeping the garment. I designed my desire shoes, and was thrilled. The useless shirt or scarf or pants that you by no means wear but love for sentimental or aesthetic reasons, you CAN keep under Beth's guidelines. I love this book! For example, she recommends a one shouldered gold lame best. Thank you for this wonderful book! Anyhow, worth buying, you'll receive some valuable info. More than expected!! What didn't work for me" the wears and tosses fall between therefore obvious nobody would move there (un ironed shirts, harem trousers) and personal taste. The author not merely gives great tips about how to gown but she also reveals the basic essential items which every girl should have in her wardrobe. Better still, she includes guidance on beauty and locks products too. She in fact included interviews from makeup and hair experts. This preserved me a huge amount of time from trying to learn magazines, reviews and sites about cosmetics, and hair products. She has it all right in her book, organized and very easily understandable. And it's rather outdated, both re style developments and re cosmetics. The full colored pictures improve the overall appearance too. What I loved: The author links to some fantastic sites that you didn't even know existed -- she got to know everywhere online for denim jeans, and it's worth going right through them until you find the perfect pair. Speaking of fashion, the author also has carried out her homework and offered clothing suggestions predicated on design concepts that are classic and very classy. She does not offer advice based on the most recent fads that may have already changed by the time you receive the reserve anyway. She realizes that women of all ages are sized and contoured differently. To my dismay, I had placed on about 20 pounds, and performing a terrible job at trying to hide the excess baggage by putting on my hubby's Ts over a set of natural cotton capris (all black of course). Yet. However, after running into a patient in a home center whom said "Oh my, you appear awful, you have to be ashamed of yourself searching this way in public" (we were buying vegetation and garden soil). Needless to say, I was humiliated and I told my

husband I feel like I had let him down with the way I was presenting myself as his wife therefore i ordered the reserve that night! I felt I needed the book to greatly help give me an edge on how to dress with designs that flattered my fresh fuller figure. It offers helped me escape a rut.Despite the fact that, I am working on toning back again up and slimming down, the publication will still have lots to offer me. Like I stated before, the author recommends designs for all sizes and shapes. Not for me, and that's fine, nonetheless it should probably be labelled, I love this top you might not, it isn't a universal do. And as you can view from her picture on the cover shes a slim girl that a simple blue ehsath dress with high heel shoes and some modes Regretably, I have to agree with the other negative evaluations upon this page. the author seems to simply be listing fashion tips that work for HER. And as you can see from her picture on the cover shes a slim woman that a simple blue ehsath gown with high heels and some modest silver jewlery looks good on. (Proving once and for all just about ANYTHING looks good you in case you are thin). If you are older than 27 or larger than a size 10 I cant imagine most of the items she recommends working for you. I have bought a lot of tehse style books and so far this is actually the only one I feel hugely disappointed in. Five Stars Very happy with product and vendor! I prefer WHAT NEVER TO WEAR and IN STYLE guides Three Stars Didn't actually work for me Not particularly useful Not especially useful. There's a great section on what types of outfits various types of shoes/boots will complement, and what Never to set them with. One product the book mentioned really intrigued me -- and after MUCH time wasted on internet searching, it looks like it's no longer made. I liked this book I liked this publication, but didn't love it because so a lot of it has already been done by additional authors and done a little better. Alter reading this book which was packed with color pictures (I love color) I got a obvious idea for what in fact looks great on my body and in my closet. Thanks a lot Ms. Goodman! LOL The best I could mostly do was toss clothing on my own body and walk outside. I believe the defying age group and weight is an extremely good topic and 1 I really grab to find what I can learn. But, truthfully, this book did not have anything new that I didn't already learn from previous people writing to the same subject matter. Believe me with all the sites she references, you'll get a pair that functions for you personally, I did! Five Stars Great!



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