

A central image of a small, round, light-colored jar filled with a thick, white cream. The jar is surrounded by fresh ingredients: a halved orange, a lime, and several green and yellow leaves, all resting on a light-colored, textured surface. The text 'RETURN TO BEAUTY' is overlaid on the jar in a white, serif font.

RETURN
TO
BEAUTY

OLD-WORLD RECIPES FOR GREAT RADIANT SKIN

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Return to Beauty: Old-World Recipes for Great Radiant Skin



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Return to Beauty offers regimens made from fresh substances that can be found ideal in your kitchen. With recipes for winter, spring, summer months, and fall, you can appear beautiful throughout the year. Make use of dabs of cottage cheese to lighten undereye circles, or almond oil to rehydrate cracked lips. Narine is from an extended type of Armenian women who have been harnessing the powers of character to create everlasting beauty. Blend it with a few crushed walnuts to create a sensual, aromatic scrub for oily pores and skin. Narine Nikogosian's natural and inexpensive products can be whipped up in less than ten minutes. Narine also provides quality recipes based on astrological signs, such as for Scorpio, a Gracious Grapefruit Mask manufactured from grapefruit, egg yolk, and soothing honey to rejuvenate your skin even after a late night. Have a jar of honey in your pantry? For the very first time, she reveals her secrets to be able to have star-worthy skin.



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Inner Radiance, Outer Beauty I once go through that you should under no circumstances put anything on your epidermis that you wouldn't also placed into your mouth. Well, this book is only mouth-watering skincare recipes that are quick and easy (often only two or three ingredients), and several of the ingredients already are in your kitchen. It generally does not require exotic things that wouldn't normally be available in the local organic food store. Personally, I discover this a small price to cover the advantage of natural pores and skin care--chemical-free and nutrient-wealthy. the masks are okay and the cleansers are ok as long as you utilize it without sunscreen and makeup on. Yes, I understand that beauty is a lot more than pores and skin deep, but we ladies know that if we feel great, we look good. Return to Beauty is nicely presented and easy to use. It offers step-by-step directions for giving yourself a facial, and also recipes particular to the times of year, skin types, and sun signs; The recipes use everyday items you probably already have in your kitchen. The photos in the publication are simply lovely!! You're worth it. Excellent book! Return To Beauty is a exceptional book to create your have beauty dishes! The book is divided up into 6 parts.! pregnancy skin care--there is a good short section on skin care for men. I already have everything I want right in my kitchen!MayonnaiseLemonsYougurtCottage cheeseHoneyButterMilkSaltTea bagsOlive oilEggsFlourVinegarJuicesTo simply name a few.The most crucial aspect that makes GO BACK TO Beauty a excellent book has to be how EASY the recipes are!It appears like it was written for women who've lots of time on their hands. basic solutions for skin, hair, and nail treatment; The beautiful photos are definetly a bonus treat, as well as the way the dishes are displayed, using larger print than the various other two books that I very own (and love). This can be an informative book and I recommend it..! The alcohol recipes focus on facial toners and masks and require very little alcohol therefore i just bought the tiny travel bottles plus they last a considerably long time..and some of the ingredients I didn't have and had to purchase are:VodkaCognacAlmond oilShredded coconutSparkling mineral waterRose oilCornstarchCherriesHeavy creamFigsThere are so many recipes that just use two or three simple ingredients and not one of the recipes requires very much hard work at all!The other two books that I own and love are:The Beauty Cookbook: 200 Recipes to Make Your Kitchen Your Spa -- for Your Face, Your Body as well as your HairAndBabushka's Beauty Secrets don't buy it...get a cream instead I bought this book and tried many dishes.And.... Five Stars Enjoying this book and will use the recipes A Good Buy Nice book.. It's an excellent book that I have adored using and I highly recommend it to others of all age groups!The book is beautiful and the pictures inside are gorgeous,but the recipes are a small impractical. I've had to get sticky notes to increase so lots of the recipes therefore I will get them again quickly.I'll give it three celebrities because some of the recipes actually work,and unless you have money to get a cream,and you happen to have the elements at home to do yourself a facial, it's good to go.. And for the awful, I tried the hair shampoo for normal hair and it still left my locks greasy and smelling literally like sour milk!But I don't possess the time to make this recipes or remedies every day. Return to Beauty I'm really glad We purchased this book. I've a whole lot of make your very own beauty item books that promised to have recipes for skincare with ingredients right out from the kitchen, plus they did but didn't mention the rest of the exotic things that I'd never even heard of that had to be added in with it. This book however made that promise and didn't fail. I got the book and produced a mask the same night and also have bookmarked others I would like to try, and do you know what? I have two various other beauty recipe books (discover bottom of review) and neither of those books have a single photo! This is actually the first book of this kind that I'll really get a lot of use out of. Five Stars Excellent book! For example the great one recipe is usually yogurt as a

moisturizer and as acne face cleaner (lemon juice and baking soda and drinking water) and those that don't use the machine suggested, the majority of the moisturizers suggest blending very small quantity in a blender too small to even work in that case I used a little food processor with the objective..Part 1) Seasons Part 2) Sun SignsPart 3) Simple SolutionsPart 4) PregnancyPart 5) HOW EXACTLY TO Give Yourself A FacialPart 6) Zero Frills For MenNarine Nikogosian starts her publication out with a wonderful although quick launch, allowing the readers a peek into her philosophy about normal skin care.And, although I can't condition with scientific certainty that the dishes actually reduce lines or help to make my epidermis healthier, I can say that Personally i think so much better making and using my own beauty potions that my internal radiance comes through and this is what people notice. Great read and interesting dishes but keep in mind they are a strike or miss. I came across one moisturizer that works better for me than anything I've bought over-the-counter. They require a bit more work than store-bought beauty products, however, since they need to be kept refrigerated and made often. A few of the recipes are a little outrageous (usage of rose petals or raspberries-a little expensive). Five Stars My head to book VERY PLEASED WITH THE SELLER - I really like the book Fantastic book- EXCELLENT SHAPE many thanks for the nice surprise of how great a shape this is in!.After all,they function,but it's a little bit of a hassle,you need to have all this produce ingredients ready,have the time to mix them up,etcetera. Well done. Has a lot of recipes. What a wonderful and practical book This book, for the most part, is very practical in its approach to making various creams, cleansers and toners. Book was in great condition. Everything I expected. Book was in perfect condition. Hit or miss I tried several dishes and I must mention that some are great and others don't use the machine suggested plus some are awful.! Great writer!! I also enjoy the explanations of how each ingredient works on your skin and why. If you are ready to invest a few extra mins of your time and energy into feeling and looking good, try a few of the recipes and start to see the results for yourself.!!! Worth buying One of the best books I have ordered so far. I've ordered about 15 books about skincare and this is one of the best homemade skincare book I have. I would suggest buying it if you would like to make homemade mask and other activities. The quality recipes given have things you normal already have in your house. great price, fast I'm using a few tips in reserve, many ideas, great cost,fast shipping



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