

JUDITH E. BROWN



NUTRITION NOW

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Judith E. Brown

Nutrition Now (with Interactive Learning Guide)



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NUTRITION Now could be the most flexible, interactive nonmajors text that is research-based, yet presented in an applied, consumer-oriented strategy. Instructors have the flexibility to choose which systems to cover, also to change the sequence of coverage to meet up the interests and requirements of their students and the course. Its exclusive modular format is made up of 33 individual models that cover the fundamentals of nutrition technology and its applications to daily life.



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Poor sources from limited research, written with few objective fact sand almost all opinion (not credible) Most of the publication is written predicated on opinion, and great statements are made based off of very limited and insufficient study or experiments. Upon tracing the references listed, you will be led to a dead end (a source that is ambiguous and can NOT lead you to the foundation she made her intense claims from. Web pages were falling out in clumps, but got me through my semester. The books has a great index, and important conditions are easy to find (bold, italics, definitions on the side of the page). Pretty awful shape when I received it. On the shiny side I liked the use of pictures and also the organization of the reserve. discrepancies Maybe it had been just the class that I took, but there were several discrepancies between your material in the book, the material in the supplemental information, and the powerpoint slides that accompanied the book. All in all, it's an easy book to navigate - I love that the chapters are color-coded, and page quantities derive from the chapter (ex page 5 in chapter 27 can be listed as 27-5). The chapter on alcohol and fluoridation/drinking water (bottled too), will show clearly what aspect she's on for they are created with an impossible to ignore subjective watch, rather than objective, as facts ought to be (that's what makes them facts and not opinions). This book will get you through your nutrition class, for sure! Five Stars Great! Item received match description. It's a book I want for class I love it because we rented an simply retur it back when semester ends Could have better chemistry and higher concepts, but given it was part of an introductory program, We am not entirely dissatisfied. Decent and interesting textbook. I wish some of the ... Decent and educational textbook. I wish a few of the surveys utilized were more diverse rather than including simply 3 ethnic groups. Great Worked great for my school needs. Might have been worst. Very conflicting information than other nutrition sources. Be skeptical, don't be gullible, whether or not some authors and reviewers are accredited, that will not mean what they write will become accurate.. Five Stars I love it It's a reserve I want for class I love it because we rented an just retur it back .. Language easy more than enough to comprehend for the layman Language easy more than enough to understand for the layman.



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