

Mark F. Beck

Theory & Practice of Therapeutic Massage

WORKBOOK

FIFTH EDITION



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Workbook for Beck's Theory and Practice of Therapeutic Massage, 5th



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This workbook correlates to Theory and Practice of MASSAGE THERAPY, 5E. This supplement contains detailed, interactive exercises, made to reinforce learning and boost student comprehension.



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Expensive, but there is really no substitute when it comes to its scope. Though it has a hefty price tag, this publication remains THE CLASSIC for beginning students of professional massage and bodywork. And even though I've been a certified therapist since 1991, I still keep the reserve on my reference shelf (several editions, actually). It really is as if five different people collaborated on the charts in the sections on the muscle groups and refused to use the same terminology. The scope of material should continue to serve you long after graduation. ****Upgrade**** Let me also add that there surely is a straight better massage textual content available here on Amazon: Fundamental CLINICAL MASSAGE THERAPY by James H. EDIT: I reviewed this publication soon after buying it and reading through a good portion of it. http://www.superb.com/gp/product/0781756774/ref=oh_details_o00_s00_i00 The photos, tables, and diagrams are all superb.

Disappointing This workbook is written to accompany Beck's Theory and Practice of MASSAGE THERAPY. However, there are areas where the definitions to the vocabulary are missing in the reserve, where questions or labeling are answered in another chapter, and where the questions are worded so in a different way from the reserve it takes outside research to response them. Most workbook chapters have at least among these mistakes and several have several of them making the workbook not only difficult, but confusing. Many chapters on marketing and having your own practice. At times, even the answers that they have from the teacher's guide are clearly wrong or at best confusing. I am aware that workbooks are meant to cause you to think and really get a grasp on the material, but I really believe that this should be accomplished without departing the student confused. This book does a nice job of covering a whole lot of topics for massage therapists. Like this Book! The info is presented in very clear conditions, with definitions highlighted and easy to find throughout each chapter. It's fun to learn, and a perfect reference for all kinds of questions or curiosities. The worst part of this book may be the anatomy portion. I definitely love it! A complete section on spa solutions and even a few spa dishes. I'm keeping that one. Anatomy is lacking This book was not edited well at all. The demonstration and the pictures have become clear. Apparently the author helped to create the MBLEx, therefore I will see how valuable the therapeutic massage info is when I consider the exam. It includes a large amount of practical advice, and useful resources and websites you can check out. Therefore if this text is required for your classes, grit your teeth and buy it; If you do not have an excellent grasp on anatomy it will be completely confusing. Save your valuable time and get yourself a Trail Guidebook to the Body! If you use both to learn the anatomy the idea and Practice book will show its inconsistencies. This is a well crafted Book. That's as far in as we are, but it's written so wonderfully I have started reading chapters ahead since it has so very much information I want to know!. It actually contradicts itself on some factors from one chapter to another. At the price we purchase college textbooks, I believe that they should be edited carefully and really should teach their materials clearly. A couple of mistakes would be appropriate, but there are way too many to be counted. Can be used as a text book for learners and reference for practitioners. SO informative! Yet not really for OH LMT I really like this book! So content we required it for class. It's very helpful about the annals of massage. The demonstration and . Our teachers possess even had trouble helping us discover answers in the reserve. Some textbooks I will sell back after a class has ended. Descriptions of different modalities plus photos of the moves. I recommend this reserve! Clay. Unfortunately, in Ohio we just need to find out about 3-4 chapters out of this entire book that are on the Condition Board Medical Exam. Save your money, split the cost with other students in class. This is unneeded and it's so annoying that the institution said we needed it, only to find out afterwards we won't also be tested (when it counts) on more than half the reserve! I no longer recommend this book,

actually I would rather suggest you borrow it from the library or another college student, or if you must buy it, obtain it super cheap used, with hi-lights, someplace else! Sorry Five Stars Taught me everything I had a need to know about the idea of massage. Disappointing We are using this book inside our massage classes even though it teaches the things it should, it is poorly written. Arrived in great condition.! There are areas in the glossary where words and phrases are misspelled, and at least one place, that appears like the sentences were cut and pasted back jointly departing the letters jumbled. Also, there are several terms that are described one way in a single chapter and in another chapter, they are defined so differently that it's confusing.. I can understand that all books have mistakes, but I've read fiction that acquired better grammar and no spelling errors. This is a well crafted Book . It'll often use a number of different terms over the course of many paragraphs without explaining that it's talking about the same thing. Excellent content Found its way to great condition. Excellent content great deal ! The grammar can be incorrect in a number of places rendering it difficult to understand. great deal ! The Trail Guide will explain things far better and the photos are great.



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