

Mark F. Beck

Theory & Practice of Therapeutic Massage

FIFTH EDITION



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Theory and Practice of Therapeutic Massage (Theory & Practice of Therapeutic Massage)



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Theory and Practice of MASSAGE THERAPY, 5th edition is the classic text in the massage industry including the essential understanding and skills had a need to turn into a successful, professional massage therapist, in addition to the essentials of anatomy and physiology. A new chapter discusses therapeutic massage for special populations including pre-natal, infant, elder, critically ill, people who have cancer tumor, and hospice. Full-color illustrations and photographs clearly illustrate methods and procedures. The ultimate chapter provides been revised to cover business practices for finding employment or successful self-employment. Numerous profession tracts are explored including massage in a spa environment and athletic massage therapy. Necessary topics to the market such as for example ethics, hygiene, communication abilities, and body mechanics are talked about. Classical massage is expanded with clinical methods including neuromuscular and myofascial techniques, and lymph therapeutic massage, combined to better serve your client by following therapeutic procedures.



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