



Finding the Courage
to Be the Real You

BRAVE

*is the new
beautiful*

LEE WOLFE BLUM

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Brave Is the New Beautiful: Finding the Courage to Be the Real You



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In a culture that bombards ladies with "thinspiration" messages and pressure to "perform it all" How do they live out who they are really? Brave May be the New Beautiful, while wearing the mask of perfection, ladies are left feeling by itself and overwhelmed. Lee Wolfe Blum gives tales from everyday women who've answered these queries with their lives—Blum weaves reflections from her own trip with inspirational tales from everyday women who have chose to take off their masks and live authentically. In How do they stop comparing themselves to others? and found true beauty in the process. Through call-to-action queries and tips, she encourages visitors to be brave more than enough to end up being who they really are and the beloved that God knows they are.



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Because of God's great love, We are enough "I need not strive to be adequate. Lee Wolfe Blum understands the hearts of ladies. And so are you, brave, beautiful woman! You are known." Another great book by the amazing Lee Wolfe Blum! In this publication, Lee chronicles tales about real women, ladies in her personal community and whom she is connected with, who've faced terrible challenges, however have used their undying faith to discover strength and connection. Life is tough, which reserve reminds us that we are not only. There are brave and courageous females everywhere, and there exists a brave and courageous female in each one of us. She understands their strengths and weaknesses, their fears and their dreams. What a lot of us fail to remember is certainly that everyone includes a story. We all have struggles, and until we talk about these and talk about them with others, we will continue steadily to struggle. Brave really is the new beautiful." Be vulnerable. Be genuine. By the end of Brave may be the New Beautiful I felt deeply understood, far from alone, and loved. In doing so, you help others see wish. You help others possess faith. That is brave. In this publication she tells the tale of a number of women, and within their tales we find ourselves. Right now go forth and be that for one another, you brave and beautiful women! Amazing writer! First, we all talk about how many people are airbrushed and genuine beauty is on the inside, and I totally know that in my head. Still, I must fight these icky thoughts and horribly mean voices each and every time I look in the mirror. Why?! I know better! I know I know better, but I still fall into the trap of having to look thinner, prettier, or youthful than I am. When I was finished I found part of me joining in and saying yes Lord. This book was a reminder that we are not alone in this life, that we have a Loving and Forgiving and Ever-Present Savior who cares for us, walks with us through our sorrow and pain. Every woman and every tale in this publication is SO beautiful it reminds me what I understand real beauty is usually and the kind of woman I actually want to be- solid, kind, and with stamina. I love the format too, because each chapter is very self contained, therefore I can have bite sized stories that I could finish throughout a 30 minute swim lesson then put it down and keep coming back for more. Browse the book and gather together to share your own Brave tales. What a blessing! This browse has given much food for thought and offers led me to judge where in my own life I have been brave; This publication by Lee Blum may be the FIRST and ONLY book I could read completely through**. It was touch & proceed the first few chapters because I related too closely with the stories Lee shared. Not really Lee's fault at all. Review Strongly recommended this book to anyone! I saw what my past mistakes were in their stories; if you ask me, the "brave" in these women was in not really isolating but embracing community to help them through. I need these reminders. Lee will an excellent job at helping readers identify this worth and run with it!** I did not make use of the "for reflection" questions; Relatable, vulnerable and gutsy. Stopping to think and ponder qualified prospects me to distraction.] Relatable, vulnerable and gutsy! And I also bought Lee's first book, Table In The Darkness, yesterday. Compelling, encouraging, relatable Lee Wolf Blum's new book, Brave may be the New Beautiful, is compelling, encouraging, and relatable. We read it cover to cover in a single very long bath. I smiled and cried reading stories therefore comparable to mine (and very similar to yours, I assure it). Be natural and let your naked bravery shine bright. I felt hopeful that God was never going to stop loving me, and all of the women I know looking for like. I sensed Beautiful. Because I would be Brave.-This would be ideal for your small group. Powerful Book!-Order a single for your mom, child, sister, or friend. Probably include a note stating one Brave thing you love about her. I loved this book. Do you want to show me how?" [Be aware: I received a copy of Brave May be the New Beautiful from Baker in exchange for a genuine review. I am re-reading the reserve to challenge myself with my answers to the queries. I browse them but didn't respond for fear I'd not continue reading; This book takes you on a journey through many women's lives and shows you how to find the bravery in your position. That is Lee's second reserve and I really like it as much as the 1st. You still obtain the memoir type book that I loved with the first but you get to see inside many women. Lee your writing is amazing and simply flows magically together. I would recommend this publication as an independent browse, and believe it could also be used as the foundation for an intimate and thought provoking small group. Others will stop you in your tracks. There were points where, due to her beautiful terms in conjunction with the amazing accurate stories, I forgot I was reading and felt like I was seated in a room listening to a friend tell her story. I can't wait around to see what she will write next! Beautiful and meaningful book If you are anything like me, you love to hear other's stories. What these were dealt, how they taken care of the situation, ultimately how they overcame the obstacle and how I can grow from having noticed it. Lee will a beautiful job

bringing the reader into the lives of the women. She also takes you on her own journey throughout. it had me in tears plus some points and in laughter another. A few of the stories could have you turning web pages as fast as you can; Due to God's great love, I am enough. What keeps us alone is our fear of being judged, disliked, and criticized. That is beautiful. Just what I needed I pre-ordered this publication and was so glad to receive it! How would I get through that? But you will be glad you read them. Blum's writing is normally both reassuring and complicated, a much-required call to authentic lifestyle together. Excellent book. Great read! I don't typically like self help books but I really liked this book because it was genuine and didn't sugar coat the reality of people's hardships. Every woman needs to know the TRUTHS she speaks of in this beautifully written book Lee achieved it again. Beautiful, Eye-Opening, & Thank you, Lee, for this glimpse into various other women's lives, to see the hope and joyous outcomes that can and will happen whenever we surrender to all or any God has for us! I am not a reader; Thank you Lee because of this beautiful combination of strong brave females to encourage us inside our lives and in our faith in Jesus Christ... Many thanks for showing us all of their genuine authenticity... Until I examine books like this. It was so well crafted ;. Me too! Wow, great book!! Wow, for a Christian reserve it shocking, jumps correct in and grabs your interest with what life is, and teaches you a number of things! You are seen." An excellent vacation read I read this publication over my kid's wintertime break and We loved it.-Order a single for yourself and have God, "I desire to be the girl you made me to be, Brave and Beautiful.. I recommend this book and look forwards to reading it again quickly. She finds the fight in these females and you wind up seeing parts of yourself in every of it. This reserve is a must read! I cherished the actual fact that God can change our messes into miracles, that He assists us start to see the redeeming factors and results from awful, unmanageable situations and horrific events, also if the clearness of that redemption is only seen years down the road. Gives a sense of hope and encouragement to those struggling. Sometimes we all really need to understand that to become alive, to persevere and to love will be the most gorgeous and admirable qualities and hold the greatest indicating and worth in this life. Empowering The stories of the seemingly "regular" females rising in the struggle of gut wrenching circumstances displays that every day women are acting with bravery, whether it be knowingly or unknowingly. in the past two-and-a-half years since I relocated, I have picked up 8 books to read and remaining them unfinished on the shelf. in what ways I am becoming brave, and; areas where I have to strengthen my faith. Not long ago i purchase a copy to gift to a pal who is amid a substantial life change. You consider, What would I do? It was a page turner, deep and relatable on many amounts. Every woman must know the TRUTHS she speaks of in this beautifully created book!



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