



# ADDRESSING CULTURAL COMPLEXITIES IN PRACTICE

THIRD EDITION

ASSESSMENT, DIAGNOSIS, AND THERAPY



PAMELA A. HAYS, PhD



Pamela A. Hays

Addressing Cultural Complexities in Practice: Assessment, Diagnosis, and  
Therapy, Third Edition



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Within an increasingly diverse society, psychotherapists must be able to function effectively with a wide selection of clients. Her ADDRESSING framework encompasses Age group and generational influences, Developmental or various other Disabilities, Religion and spirituality, Ethnic and racial identification, Socioeconomic status, Sexual orientation, Indigenous heritage, National origin, and Gender. Hays' popular bestseller invites visitors to go beyond a one-dimensional look at of identification to a nuanced understanding of the overlapping cultural influences that impact us all. and trauma-informed care. This third edition can be richly illustrated with case material and includes up-to-date details on the DSM-5, ICD-10, and upcoming ICD-11, plus brand-new sections on dealing with people in poverty, children, and transgender people; Each chapter includes a Key Ideas overview and practice exercises, rendering it ideal for personal education or group make use of.



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