

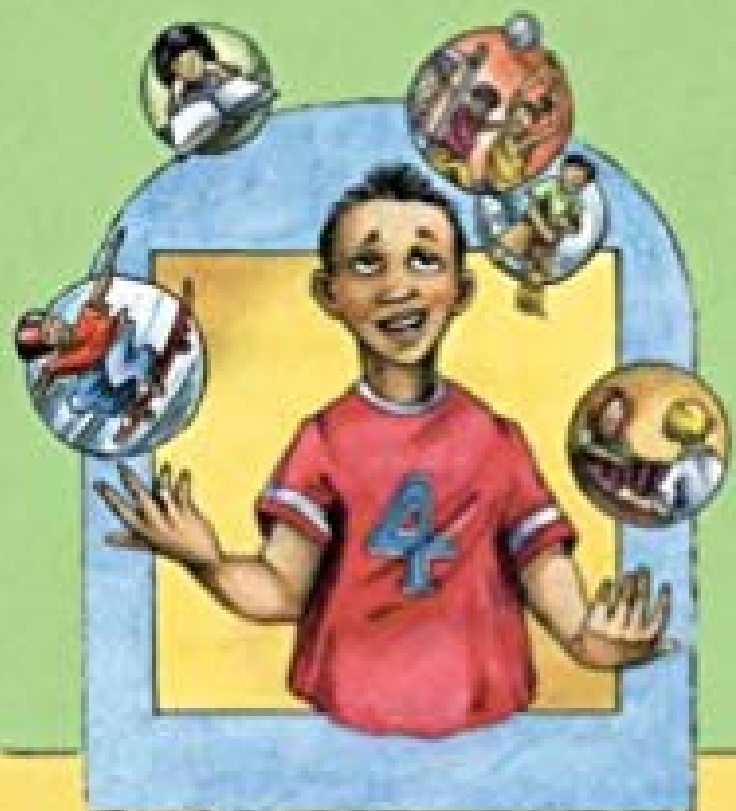
Putting on the **Brakes**

Activity Book for Kids with ADD or ADHD

Second Edition

by Patricia O. Quinn, MD
and Judith M. Stern, MA

illustrated by Joe Lee



Patricia O Quinn MD and

Putting on the Brakes Activity Book for Kids with Add or ADHD



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This guide is packed with useful and empowering lessons/skills kids can apply to and implement in their daily lives. It displays kids all of the methods they can manage their AD/HD - the experience Book teaches them they have choices that may immensely improve their everyday life.



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Helps child to obtain additional of a knowledge about ADHD Activities are good should you have a relatively creative child. I got this for her to work on this summer, and so far she actually enjoys it.. My son is 6 and most of the publication was way ahead of his age. It really is written so that he understands and seems to be helping him sort out his impulsive triggers and circumstances. Was pleased to see that this provides been updated in that current and (very) useful style! Useful update! I experienced stopped using the initial edition, since it was nearly obsolete. You can use one page at a time for education or work through the whole book. . probably best suited for 7-8 yrs old or more Really for older kids, most likely suitable for 7-8 yrs old or more. We required something for our 5 yr aged and this isn't for that generation. My ADHD mildly autistic child and We are reading the .. We sat straight down and read elements of the book together. My ADHD mildly autistic son and I are reading the reserve and employed in this workbook jointly. I would reccomend for a preteen. My child has ADHD, she struggles with serious hyperactivity .. I'm a postdoc working with middle schoolers two days a week, and this far they have all responded well to this workbook; My girl has ADHD, she struggles with serious hyperactivity, inattention and impulse control. My child isn't completly great with using the publication but he could learn about being ADHD. Great up to now.. a rarity in our field. Five Stars great book and great reference for kids and families Great source for early elementary age group children Great reference for early elementary age children. You won't become disappointed having this in your device box with these improvements.



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