DAILY JOY

365 DAYS OF INSPIRATION

Photos and Wisdom to Lift Your Spirit



National Geographic

Daily Joy: 365 Days of Inspiration



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This 365-photo-a-day motivational photography book unites inspiring words of joy with lovely National Geographic images of the world— K." --Pema ChodronFebruary/Like: Chang, Daily Joy's elegant design features 365 days of gorgeous National Geographic pictures, each one paired with a meaningful quotation, meditation, or believed that will assist readers find joy each day of the yr. Each month has a theme, and all of the estimates are centered around it:January/Renewal: "Simply where you are--that's the place to start out. Crafted in the tradition of the successful Offerings series from Abrams/Stewart Tabori &"Love one another, but make not really a bond of like: Let it rather be considered a moving sea between the shores of your souls." -- Khalil Gibran March/Authenticity: "Sleep is the best meditation." --Frank Lloyd WrightSeptember/Purpose: "A jug fills drop by drop." --BuddhaMay/Courage: "It takes as much courage to possess tried and failed as it has to have attempted and succeeded." -- Anne Morrow LindberghJune/Perspective: "It does not perform to dwell on dreams and forget to live." The right word could be effective, but no term was ever as effective as a rightly timed pause a perfect gift to keep on your bedside desk to read just before bed or first thing each morning. RowlingJuly/Adventure: "Lifestyle itself is the correct binge." --Julia ChildAugust/Independence: "Freedom is certainly from within." --Mahatma GandhiApril/Growth: " --J." --Tag TwainOctober/Fulfillment: "Ah! There's nothing like staying home for real comfort and ease." -- Jane AustenNovember/Wisdom: "Happiness is when everything you think, what you say, and everything you do are in harmony. As poet John Keats wrote, "An engineering marvel is a pleasure forever," and visitors will convert to Daily Joy every year to find question, awe, and pleasure in the globe around them." -- Walt Whitman " -- The Dalai LamaDecember/Faith: "Peace is generally beautiful.



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A little gem of a book: great as any occasion gift for yourself. My only disappointment can be that the image locations/subjects aren't identified..or others! I'm not usually attracted to books that are "inspirational," but I spotted this National Geographic reserve at a holiday gift fair and was immediately attracted to its sunny cover.. Should you have only a short moment in your day to stop and become inspired, this book allows you to perform that.. But believe me: you'll need to stay down with a sit down elsewhere or tea and page through this small gem of a book for awhile, to remind you of just how much beauty and wisdom there is definitely in our globe. I started this November, the end of the year and I think it could be picked up on any day time. You will really enjoy it! Waking up now to music and this fine inspiring reserve gives me a fresh perspective. I have been waking up to the news headlines and discovered myself upset about matters I cannot undo and people I cannot comfort. Truly beautiful photography and thought provoking succinct quotations. And, of program, it's great to support a nonprofit as worthy as National Geographic. A treasure I am hoping others will enjoy too. Gorgeous Photography Gorgeous photography. May will have to purchase the various other books in this series. The web pages are dated, so you could view one for each day or dip involved with it randomly for motivation. I read it every morning with coffee. Surpassed my expectations. A WELCOME SURPRISE This is an easy read, uplifting-not the most common flowery boring type, but thoughtfully well crafted quotes/thoughts for the day-it surprised me-spectacular photographs-so I'd say, if you want something to touch you without being the usual things that are out there-this is it! Pleasant and restorative. Thought-provoking quotes.! Every month has a theme reflected in the short quotations for every day.. I like how big is the volume, which has a little fat to it since they have chosen to print on high quality, glossy paper. This would be a nice present for somebody who may become "spiritual but not religious." The writings come from a variety of people across the spectrum when it comes to their theology, field of function, and locations. It is pleasant, engaging way to start your day. A book to take pleasure from. beautiful very inspiring, beautiful photographs I found it to be the best of it's kind out there Gave as something special to a friend going through Chemo, she greatly appreciated the picture taking, I found it to end up being the best of it's kind out there, thus many were cookie cutter hum drum, amazed they could come up with a year's well worth of their generic quotations and lack of quality images. What a fabulous book! The photographs only are spectacular, meditative, celebratory. I received it for Christmas, began it Jan 1 and eagerly look forward to starting each day with it. Change to any single page and you will be, as the cover states, uplifted...and the daily estimates accompanying each picture are fresh, thoughtful and spirit lifting. I would recommend this as a gift (I acquired a copy for my daughter) though it is usually March... Once I opened up it, I was completely hooked: each page features a gorgeous Geographic photo paired with a well-chosen estimate from a significant person.it's a treasure to dive into again and again. Beautiful! This is a wonderful book. This is certainly a really beautiful book, ideal for gift-giving. The estimates are short, however they are thought provoking. AND, the photographs are astounding. A Daily Pleasure. I bought 1 for each of my 4 daughters. This is a pleasant, inspirational book with awesome pictures. I've bought it for a number of friends and family Beautiful book befitting everyone. It could make a lovely hostess gift. It would fit nicely on a bedside table. New or used? This content of the book is great, however it appears to be used bent and dirty. Terrible This book came in and envelope and was damaged, bent and dirty. Terrible! Five Stars The book was simply as referred to. I received it as told! Thank you so much! Incredible photography combined with thought-provoking phrases Striking, full color photographs for each day of the year, reflecting the top quality criteria of National Geographic. A daily treasure!



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