

WHEN ALL  
**HELL**  
BREAKS LOOSE

STUFF YOU NEED  
TO SURVIVE  
WHEN DISASTER  
STRIKES

**CODY LUNDIN**

THE AUTHOR OF BEST-SELLING  
*98.6 Degrees: The Art of Keeping Your Ass Alive!*

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*Cody Lundin*

**When All Hell Breaks Loose: Stuff You Need To Survive  
When Disaster Strikes**



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Survival professional Cody Lundin's new reserve, *When All Hell Breaks Loose: Stuff You Need To Survive When Disaster Strikes* is what every family needs to prepare and educate themselves on the subject of survival psychology and the skills necessary to negotiate a disaster whether you are in home, in the office, or in your vehicle. composting the results Catching rodents for meals Safely disposing of a corpse It entertains as it informs, describing how to maximize a survival mind-set essential for self-reliance. Based on the book, living through an emergency scenario is usually 90 percent psychology, and ten percent methodology and gear. Watch naturalist Cody Lundin in "Dual Survival" on The Discovery Channel as he uses most of the same skills and techniques taught in his books. Lundin also addresses simple medical and hygiene abilities and makes recommendations for survival kit items for the home, workplace, and car. Relevant quotations and tips are placed throughout the webpages to greatly help readers remember essential survival strategies while under anxiety and stress. *When All Hell Breaks Loose* provides solutions on how best to survive a catastrophe. Lundin addresses topics such as for example: Potable drinking water Storing super-nutritious foods Heating or cooling without typical power How exactly to create alternative lighting options Building a makeshift toilet & This is not your father's scout manual or a sterile FEMA handout.



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Incredible book. Strongly suggested. One point he continuously brings home is to check and rotate stored supplies. There are hundreds or thousands of survival books in publication; however most of them aren't worth reading. I can also use just a little ointment on a cotton ball for a fire starter. It's not all about super expensive high-tech gear and spending thousands on long term food storage space. The Marine, Ranger, Army guides, etc. Cody Lundin, Mykel Hawke, Randy Gerke, J. For example, Cody eagerly embraces the Ronald Reagan quote, "Government isn't the solution to our issue; 1 oz bottle Clorine as a backup to my filtration system, etc. HECK NO. I have one small nitpick. I also learned, for example, that, when under intense tension, one retains his/her gross electric motor skills (fight or trip,) but fine motor skills are severely impaired. Iodine is great at killing bacterias, cysts, Protozoa, and infections in water. Then what's the problem? In fact read this book. Let me spell out the rule of 3 on survival. Iodine is not safe for those who have no thyroid or badly functioning thyroids. This book could have easily been shortened by about half., iodine disinfects the drinking water bur makes the water taste nasty and folks might want to limit their usage of water rather than be properly hydrated. I wish he had recommended using unscented Clorine bleach. Use mainly because cordage in rigging up a shelter, use for fishing collection, and use mainly because snare wire easily can get the overall game animal off the bottom.' There are numerous great tips about things I had under no circumstances thought of or observed in other survival resources, like setting up a tent inside my home to keep warm if the grid goes down in the winter. Where this book shines is helping people create a survival mind set and developing one's will to live. AWESOME Perfect informational book, bought as something special. Lightening your pack simply by choosing multiple purpose items. I'll demonstrate among my multi purpose items. As We said earlier the more multi purpose products in your pack the lighter your pack could be. It is made with vaseline and a focus of three herbs; Some of the not recommended books are compiled by people such as for example Dave Canterbury, Tony Nester, Franklin W. An emergency blanket can be used to preserve you warm, used as a signal mirror to alert rescue, and range a container and use it as a solar oven. Basically reading a survival guide is not enough. It's only once it comes to the requires of the 99% that government proves to be utterly incompetent and that is quite by design. I took a survival program in 1973 and although I have been a survivalist for 41 years; I still examine this book, and the survival guides by Randy Gerke, and J Wayne Fears each and every year merely to keep survival ideas fresh in my mind. a. You can live for three seconds if you panic. It is basic, organized, to the point, and entertaining. You can live for three hours without shelter You can live for three days without water You can live for three weeks without meals. If you find yourself in a survival situation review the rule of 3 to see everything you have rather than only looking

at everything you don't possess and panicking. It may be something similar to this. I already experienced Cody's "98. I keep a spare copy in my safe. Considering everyone wants to draw through in a crummy circumstance the best they can, this book is crucial. Or get yourself a fire started I need to find some water but I'm ok for now. What do I see in my own environment that I can make use of for traps. Do I have anything I can use for fishing collection or snare wire. Good I have a roll of dental care floss I can use to preserve my teeth healthy, use while sewing thread. Bleach is an effective route. I had not been saying don't use 550 paracord, or lender line. Simply demonstrating how something as simple as a little roll of dental care floss in your survival package can be used for five different things. He leaves no stone unturned in what one would suffer from should the bottom level drop out and you find yourself wondering how am I likely to make it. federal government IS the issue" while remaining apparently oblivious to the actual fact that Ronald Reagan (as well as almost every other American president) did an excellent job of getting authorities to solve all the problems that the richest capitalists had been facing. His cedar canoe weighed 10 1/2 pounds. My base pounds oh my pack before adding meals and fuel weighs only 12 pounds. This includes my water filter, rest system, survival/first help kit, spare clothing pack cook kit, fire package knives, assorted cordage 550 paracord, roll of lender line, oral floss. Am I entirely pleased with this book? Alcohol stoves. One for boiling and another for simmering or baking. I make an ointment to heal skin injuries. Covering all the Bases This book is a significant expansion to his 98.6 one. The lighter you can go with your pack the farther you can go in more comfort. It's an extended read (about 450 pages), very technical at times, but his method with words could keep you heading. Many comic type illustrations are given to produce a point and help you to remember. Unlike his additional book this one has an index, which should save time in an emergency. This is an awesome survival instructional. I would say when carrying out that it would be smart to read the book again - if you don't are in a survival scenario now living everything out. Look around your house now and make a note of what you have and do now to live easily. Pull all that out into an survival situation and you'll think it is covered in his book. Food, water, communication, transport, clothes, shelter, etc., etc. He doesn't miss a defeat and for me covered areas I under no circumstances even thought about. I need to rig up a shelter to keep the sun off or produce a lean to to keep the wind or rain off. Have also lived the "NATURE" lifestyle, living out in the united states, growing and preserving large amounts of make from a natural garden, trimming and heating system with wood, etc. Loved ALMOST ANYTHING - I'm not really a hardcore survivalist but possess a good bit of outdoor experience: walking, camping, backpacking, kayaking, fishing. Excellent book on the subject of disaster preparedness Excellent book about disaster preparedness. I'm

scared but not panicked and going to run off a cliff.6" book on wilderness survival, and it appeared logical to buy this book about urban survival. Though this reserve doesn't go in to the kind of details that some readers wanted on certain useful applications, I cut the writer some slack because he is attempting to cover a lot of ground here. I very much appreciate his concentrate on the psychological areas of a survival situation; I trust him that the emotional factors can only be ignored at one's peril. He recommends using 2% iodine option to disinfect drinking water. I have to look at my gear in a whole new method, and consider the importance of simplicity in the case I become 'fumble-fingered. Many people are familiar with Chlorine in tap water, and isn't dangerous to people with malfunctioning thyroid glands. He writes about considering the special needs of children, the elderly, and disabled family and methods to keep everyone relaxed and positive during a crisis. So, unless you are already an survival expert, I believe there is a lot of value in this publication, although you will need other resources to give you even more specifics on first-aid techniques and some of the various other abilities, but he acknowledges that truth, and encourages readers to take CPR and first-aid classes, for instance. Dixon, Mors Kochanski." I am definitely even more reliant on guns for self-defense, but his conversation on other areas of self-protection helped me to realize that I shouldn't depend on firearms by itself. Cody says, "Store what you eat and eat what you shop. Cody's spiritual details is probably kind of fringe for a lot of, but I found useful the focus on the actual fact that what we focus our attention on network marketing leads to thoughts and emotions, which are expressed through terms and actions. This simple truth is profound, for me, whether we are discussing survival or current living. He shows how very easy, inexpensive items can be used in multiple ingenious ways, like using huge trash bags, newspapers, and duct tape to produce a sleeping handbag. And the best tips: Do what you ought to do to be prepared and then relax and enjoy living now. Don't become so obsessed with prepping that it swallows up all your period and your entire life. By the method, I purchased the Kindle edition, but, for obvious reasons, a hard copy is a good idea, and I plan to buy a few copies for myself and other family members. As described As described Fantastic service Good reading Interesting Good Book to learn!, and I really enjoyed this book. This book is the book I give family.Two things. It's that good. I have read a huge selection of survival books. I go through other things too. Useful outline of what needs to be done in several venues while addressing the need to know why in an entertaining manner. It really is useful to read both before and during an event. A whole lot of books like bushcraft 101 and 100 deadly skills are badly written and would be frustrating at best if you believed it was going in a preparedness package.You can live for 3 minutes without air.There is enough air.The next thing Cody helps develop a technique to help people start thinking outside the boxSuch as

using non lubricated and spermicide free condoms in a survival kit as backup storage device for treated water. Important safety survival planning Cody Lundin teaches how exactly to live through any emergency. And makes you laugh and think in the meantime. Buy this! Packed full of unnecessary opinions, a lot of which are just plain incorrect. Unfortunately, like many people, Cody doesn't have a very good political grasp on the globe where he lives. Rather, he prefers to simply repeat the nonsense that the ruling-class has plugged into his brain without having given it sufficient thought. Wayne Fears are the best of the greatest IMHO. George W (Nesmuck) Sears would venture out for weeks at the same time and his pack and canoe jointly just weighed 28 pounds. Actually, government almost always does an extraordinarily great job of solving the issues facing rich capitalists, from handing them trillions of dollars in bailouts, to suppressing wages, to advertising imperialist wars, to crushing Occupy Wall structure Street movements, and more. You need dirt time with the methods you are learning to own the skills so you will KNOW what to do if you find yourself in a survival circumstance.



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