

Eating Disorders

**A GUIDE TO MEDICAL CARE
AND
COMPLICATIONS**

**3rd
edition**

edited by

Philip S. Mehler, MD, FAED

and

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Philip S. Mehler and

Eating Disorders: A Guide to Medical Care and Complications



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In this new edition of their best-selling work, Drs. Mehler and Arnold E. Philip S. Andersen provide a user-friendly and extensive information to treating and controlling eating disorders for principal care physicians, mental medical researchers, worried family and friends, and non-medical professionals (such as for example teachers and coaches).Mehler and Andersen identify common medical complications that people who have eating disorders face and answer questions about how to treat both physical and behavioral areas of eating disorders. Incorporating illustrative case research, health background on the complications, guidelines for analysis and treatment, and an up-to-date list of chosen references, chapters provide comprehensive insurance of topics, including team treatment and nutritional rehabilitation. Serious complications, including cardiac arrhythmia, electrolyte abnormalities, and gastrointestinal complications, are discussed in detail. The authors also address unique areas of concern, such as for example athletes who've eating disorders, men with eating disorders, and the pharmacological treatment of obesity. New topics consist of diabetes and eating disorders, osteoporosis, involuntary feeding, innovative mental strategies, and ethical dilemmas.



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Great book on the medical complications and medical treatment of . I would have to state after reading the complete publication, I am disappointed that the authors not only have inconsistencies in spelling Dietitian (they sometimes spell it "dietician"), but also in not listing them in essential functions that RDs do. Five Stars Great read for those thinking about the medical areas of eating disorders. Great book in the clinical complications and treatment of eating disorders.. While M.D. Five Stars 5 stars MDs, please allow Registered Dietitian perform their uniquely qualified work as the nutrition professional. Otherwise fantastic reserve! I reference it a lot in my practice.. Five Stars The standard for medical administration of ED.'s legally can Rx diet, I have not met one however that knows a lot more than the RD on the group about nutrition, not really do they often have the easiest way of educating the patient, even if indeed they were to have sufficient time to do so.



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