

"Still the gold standard."—Lisa Genova, author of *Still Alice*

The 36-Hour Day

Over
3 Million
Copies Sold
Worldwide

6TH EDITION
*Revised and
Updated*

A Family Guide to
Caring for People Who Have
Alzheimer Disease,
Other Dementias,
and Memory Loss

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The 36-Hour Day, sixth edition: The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss (A Johns Hopkins Press Health Book)



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Through five editions, The 36-Hour Day has been an essential resource for families who love and care for people with Alzheimer disease. Featuring useful takeaway messages and educated by recent research into the factors behind and the search for therapies to avoid or cure dementia, this edition contains new information on devices to make life simpler and safer for those who have dementia approaches for delaying behavioral and neuropsychiatric symptoms changes in Medicare and other medical care insurance laws and regulations palliative care, hospice care and attention, durable power of attorney, and guardianship dementia due to traumatic brain injury choosing a residential care service support groups for caregivers, friends, and family members members. The central idea underlying the reserve? that much can be done to improve the lives of people with dementia and of these caring for them? remains the same. The 36-Hour Day will help family and caregivers address these problems and simultaneously cope with their personal feelings and needs. Whether one has Alzheimer disease or another form of dementia, he or she will face a bunch of problems. The 36-Hour Day is the definitive dementia care guideline.



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We first heard about THE 36-HOUR Day time from friends who also have a family member coping with that terrible analysis. Then a neur A beloved member of us has recently been identified as having Alzheimer's Disease. You have no idea of the issues one is facing when a adored one is identified as having dementia! Also, the publication refers the reader to additional source material that may be very helpful based on a family's exact situation. I hope this is ideal for those having to deal with this. THEREFORE I cannot recommend this publication highly enough for anybody in a similar circumstance. It is becoming our family's "Bible" and a essential resource for answers to difficult questions, reassurances about oftentimes confusing behaviors, advice in so many aspects of caregiving (e.g. getting outside help, combativeness, monetary worries), and a source of simple but essential encouragement.. Thank you for writing this reserve. When dealing with someone with this terrible disease so many queries are taken to light daily and you may just go to the index and find the answer. Anyway, I wouldn't hesitate to recommend it to whoever has a member of family who has dementia. I went to the index about feeding/feeding on and it explained that they forget they need to swallow or they forget they are also eating and we started prompted her to swallow. As it happens to become a life-saver, especially for caregivers who must shoulder so much responsibility, physically but also emotionally.. An Absolutely Essential Book For Anyone Dealing With, Or Acquainted With, Someone Suffering With Dementia! Now, my dad who's been looking after my mother for over 4 years has been diagnosed over a year ago. It had been there I was presented to the book, THE 36 HOUR Time. She said it's like the bible of answers for family/care supplier. After reading the first two chapters I was so impressed by the information in the book that I instantly ordered both the Kindle edition and a hard copy! The authors did their homework!The book is completely indispensable for anyone confronted with the prospect of caring for a person experiencing any of the diseases causing dementia! To emphasize the need for the reserve I stated it to our doctor and he not merely approved the publication . I also purchase the newest edition for my client's family and encourage them "when they're emotionally ready" to just begin gradually and check out the references in the back first if they get "stuck" on any concern.. he immediately considered his nurse and suggested the reserve to her! We initial found out about THE 36-HOUR DAY from friends who likewise have a family member coping with that terrible medical diagnosis. Easier to know in advance and have the opportunity to get ready than to be abruptly bogged down in complications and hardships, legal, physical, and mental, that you didn't even know existed! It's not a novel.Even if you personally are not really mixed up in care of a close loved one with dementia you will be better prepared to know very well what someone you understand is going through after reading the reserve!Did I mention that I recommend the publication? The book is not intended to become read cover to cover but instead as a resource book. I just bought 2 copies for my buddy and sister because they think they know it all. Easier to break it up and read the applicable sections when needed. Difficult Disease This book is a must for anyone dealing with someone you care about or in case you are a sitter for the elderly with dementia or alzheimer's. It will help my family in the years ahead. HIGH QUALITY Reference Book I'm giving this 5 stars because of the importance of the information in the publication, but for the dryness of the content, I'd give it 2 stars. It is a dry subject and I'm not sure how it could be made more interesting to learn, therefore I'm giving my rating based on the first stage. Personally, I found the last 3 chapters of the book to be the most interesting. They add a debate on supposed risk factors that donate to dementia, study on dementia, and various other brain disorders. The majority of the book is quite practical and may be useful for a person who can make it through the publication. I did so glean a few guidelines from the publication for coping with a adored one. A neurologist recommended the reserve to us. I'd state this book leans greatly toward being more like a reference book than a reader. Although the style is written in readable sentences, it's the topic itself which makes the book dry and difficult to plod through. My mother-in-law suddenly started chewing her food forever and ever. I've not been capable to identify an improved resource to date. She said it's just like the bible of answers for family/care provider

Immensely helpful at processing the slower decline and subtle to extreme changes! it's more of a text. I was given a copy by woman who just lost her dad to Alzheimer's. by a female that wanted to loan her copy to me. very informative good information For adult kids of parents with Alzheimer's This book is i'm all over this! As many readers suggested, it is overwhelming in a single sitting. I told them they needed to keep this withing reach when they're sad, confused, have questions or just want to process the stages. . With an extremely close loved one having been diagnosed with dementia I went to a support group meeting. It SUCKS but this helps. It really does. It's gotten me thru some confusing heartbreaking stages. We've a long road ahead and we're requiring all the emotional help we can get. A good resource Very useful in understanding what's going on if you have a loved one beginning to display signs of dementia. Also helps families to understand the issues they will be working with as a family, the strains it can put on families, and how exactly to try to mitigate them and how to avoid letting your loved one's dementia tear your family aside. That's what's been the most ideal for me, that and realizing that the behaviors aren't deliberately or something the person can control, so that you can be prepared to not take it individually or overreact. An excellent resource, I'm glad my children found it. People with dementia deteriorate at different rates than others so that you can read the chapters that pertain to your situation.. They then begin to read it and constantly tell me that it's not only the best resource, nonetheless it is most ideal for most any daily occurrence that they are faced with. Great Book Book provides comprehensive protection of dementia and other memory space related illnesses. Although publication is repetitive in lots of areas, all aspects of the Condition are addressed. I've purchased at least 10 of these books for friends of mine who are actually coping with this with their parents.. Having been the primary caretaker to get my mother-in-legislation with dementia, this book was extremely helpful. The book is sad and scary The book is sad and scary, but it's nice to learn what is coming. Best Resource ON THE NET I've proved helpful as an elder caregiver for over 38 years and since this book arrived (I usually purchased the brand new edition), I use this as my go to "bible" for references and reinforcement. Helpful Provides great insight for caretakers. This is a VALUABLE resource!! Read it to get your family ... browse it for you Addresses most of the problems we are viewing with Mom. Advice. Now, to monitor myself.. In case you are, like my children, facing a future having to care for someone you love who offers Alzheimer's or various other form of dementia, you will want a copy of this book! We each discover our very own answers within this reserve at different times. Remember they aren't attempting to provide you with a hard period, they are having a hard time. Sad but truthful Good book This is the BEST BOOK about being truly a caretaker of someone with dementia! She was so right. Great read for families Easy to read, love the examples.



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