

The LUPUS ENCYCLOPEDIA

*A Comprehensive
Guide for Patients
and Families*

Donald E. Thomas, Jr.
M.D., FACP, FACR



"An unprecedented comprehensive reference tool."

—Joan T. Merrill, M.D., Medical Director, Lupus Foundation of America

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**The Lupus Encyclopedia: A Comprehensive Guide for Patients and Families
(A Johns Hopkins Press Health Book)**



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Systemic lupus erythematosus can be an autoimmune disease that can affect any kind of system and organ in your body. For the 1. People with lupus, themselves, caregivers, and medical specialists?all will find here an invaluable resource. The disease fighting capability may hit the cells that range the joints or tendons, for example, causing discomfort and swelling. Illustrated with photos, diagrams, and tables, The Lupus Encyclopedia explains symptoms, diagnostic methods, medicines and their potential side effects, and when to get medical assistance. The Lupus Encyclopedia can be an authoritative compendium that delivers detailed explanations of each body system potentially affected by the disease, along with practical information about coping.4 million people in the usa who have lupus, an overactive disease fighting capability senses that various areas of the body do not belong, and it attacks these parts. An incredibly complex disease, lupus must be properly treated for the optimal health and well-being of the individual who provides it. Dr. Donald Thomas provides information for women who want to get pregnant and advises visitors about working with a disability, complementary and substitute medicine, infections, cancer, and a bunch of other topics.



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A must-read for the Lupus community I have read almost every Lupus reserve out there--from memoir to treatise, from books aimed at neophytes to those targeted at the experienced patient. At this point I could probably write one of my very own. But I keep reading rather compulsively, wishing to learn something new which will prove helpful. Usually this task proves rather Sisyphean. Complex Format Lots of information. Anyone who has Lupus should go through it, highlighting it as I did so on my Kindle. Anyone who cares for, lives with, or loves someone with Lupus should read it. And (unlike other Lupus books) anyone who treats Lupus patients--as your physician or nurse--should also examine it. Then I created Ankylosing Spondylitis and Fibromyalgia. However, if you do not have any biology history (as I do) you might find certain portions of the book a bit really difficult to comprehend. Very informative, but nonetheless readable. They are not important anyway. I could learn more so when needed it should help me understand what it is I'm trying to consult my doctor about. I really do like that Dr. Thomas hasn't watered down his book as other physicians do, and that he assumes that Lupus patients can choose to learn those sections or not. Fantastic book. Lupus is an extremely illusive, and misunderstood disease, even by many doctors. Some parts I most likely won't totally read. This publication may additionally propel them to end up being their personal medical advocates, and substantially improve their health. It really is a must-read. Lots of information So filled with information that may help you understand your disease. AWESOME, AWESOME BOOK AWESOME, AWESOME BOOK!. I am hoping he realizes that by writing this volume, he will empower the Lupus community (which is huge). Simply skip them. Writer explains highly complex medical details in understandable methods. Armed with a fantastic amount of his medical advice--some of it granular and some, not--patients can go to their physicians to ask for critical tests and game changing medications. If so, take vitamin D. This book teaches a lot of things I've learned the hard way and in addition some additional information. I wish we'd have had a resource like this back then. Not as comprehensive as I'd have liked. After reading this book you should understand even more about Lupus than the majority of the doctors you see. We'd two different doctors tell my wife that she was just depressed, and needed to obtain out in the sun even more - Well, with Lupus, that is the worst issue you can do. Photos are in black and white. Must Have Book If You Have Lupus I was recently identified as having lupus. I had read many books and analysis papers before getting to The Lupus Encyclopedia. It is my number 1 'go-to' reference for my disease. Dr. Thomas has put together a clear, however, not dumbed down, resource about lupus and what you ought to do to manage it and also communicate well together with your health group. He is up to day with the most current information regarding treatments and recent fresh understandings about how the disease functions. It's great having it all in one place. I would recommend this book to anybody who has the disease or has a loved one with it. Lupus takes a lot of management and understanding the trade off of the decisions you must make. This is actually the only book which has in fact helped me become a better person in my health team..!! I dearly wish I had this publication when I 1st started with Lupus...I am straddling @ 35 meds/day and 10 auto-immune disorders. I really like it and if you know of someone who has Lupus they would enjoy this book Wonderful resource I am so happy I purchased The Lupus Encyclopedia. EVERYONE with Lupus or any of the other many associated auto immune diseases / disorders must have to read and make use of as a reference. Back then, most of them were written by people who had Lupus and they simply told of their encounter with it. They LOVED it and were likely to order one or two to possess onsite for patients to use / go through while they were there obtaining some of their numerous treatments. Pregnancy and Infertility.. 874 web pages of very important info. No mention of Cannabis (either MMJ or CBD) that I find strange. I pre-ordered mine in February 2014 and finally received in June 2014...REALLY WORTH THE WAIT!!!!. I've acquired diagnosed Lupus for 24 years and it has wrecked havoc on my own body. I brought into my Rheumatologist's when I went in for my Rituxan treatment. I highly recommend especially for the newly diagnosed. It's a BIG book. Only Lupus book you will need When I was initially identified as having Systemic Lupus, I ran out and bought every reserve I could find, to

try to help me deal with this strange disease. If I had understood some of the things that you can find in this book, I would have been better off. Sadly, she proceeded to go for another 15 years to doctors who did not understand her symptoms, and diagnosed her with pretty much everything but Lupus. I have already appeared through it for particular info I wanted. It'll activate the Lupus. The testing you must have completed and what they mean. Some individuals have a bloodstream clotting issue with Lupus (I did). Some people need to avoid the sun. Sunlight can activate the Lupus. My wife was finally diagnosed correctly 12 years back, and has received proper care from a rheumatology specialist who has greatly improved the quality of her life. Issues that can occur with Lymph Nodes. herbs that may cause flares. Various other diseases that you frequently have, furthermore to Lupus. Types of medicines that help and the ones that harm. Also, this publication is VERY inexpensive for being a 900 page publication. I could never begin to tell all the things this book addresses. It has 874 webpages. My husband and I each have our very own bookmarks init as he reads anything that I devote front of him that has related to my illnesses, medicines and treatments. It is jam-loaded with tons and a great deal of very useful advice and medical info. The book tells about those (and much more) too. You won't need any other book. Become informed, and look for experts who undersatnd Lupus and so are updated on state of the art remedies. Bottom line, keep yourself well-informed, and shop wisely for health care, and this disease could be effectively managed. unbelievable! Very limited discussion of any alternative/complementary treatments. Everything you want to know about Lupus This books covers everything about Lupus therefore detailed. I've not fully read during the past few weeks. I needed to comprehend Lupus and how it pertained to me. Examples as follows: Do not have a live vaccine shot. I will continue to utilize it as a wonderful reference book, and get to solidly reading parts that pertain to what my illness is doing. Many Lupus patients aren't fortunate enough to have access to quality medical care, for one cause or another. I love that this publication is organized that method. Dr. What I've read up to now is beneficial, beyond what I've read in additional books. And our doctors never have time to find yourself in everything with us. The advice sections, which are comprehensive beyond belief, do not require any understanding of science and are very clearly written. Big reference book with a great deal of well-organized info. I also simply ordered this publication today for my Parents. It is easy to read and an excellent resource. Since Lupus does different things to differing people, those books didn't actually help me. and has received proper care from a rheumatology specialist who has greatly improved .But I struck gold when I read this book, by far the most lucid treatment of the condition I have ever read. Perfect for someone who has lupus or mean chronic illness or other caretakers well I've been wanting to purchase this reserve for quite a few years now and it is the best book for those who have lupus or know someone that will. I do believe I have another volume out right now I need to check up on that because if they do I'm certainly ordering The must-have book for lupus patients and their own families I'm so grateful because of this publication. My partner and I reference it regularly as we find out more about living with my lupus. Once again, it's big and has tons of information. Thomas can be an expert and provides an abundance of details in a format that is available for the layperson. As one of his patients, I'll say too that he's very compassionate regarding the struggles of daily life with lupus, and I believe this comes through in the publication as well. This is actually the must-have publication for lupus individuals and their families.



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