

The International Traveler's Guide to Avoiding Infections

Charles E. Davis, M.D.

A JOHNS HOPKINS PRESS HEALTH BOOK



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Hopkins Press Health Book)



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The last thing a world traveler wants is to get sick. Charles E. With precise, basic explanations, this essential guide helps worldwide travelers avoid common?and uncommon?infections wherever they go. Relating important medical results, Dr. To remain healthy, travelers have to shield themselves from viruses, bacteria, and parasites, including many they possess seldom, if ever, encountered. Davis supplies the latest recommendations for healthy travel planning. Maps make it easy to see where infections are commonly acquired, and specific prevention approaches for each destination enhance travel planning. He describes the precautions travelers can take to prevent infection, including• pre-trip travel clinic visits• essential immunizations and medicines• travel insurance and medical kits• secure food and water practices• personal protection procedures• post-trip checkupsThe International Traveler's Guidebook to Avoiding Infections is arranged by disease, with highly accessible discussions and complete illustrations of all the major travelers' infections. Visitors and specialists such as military personnel, journalists, aid workers, and businesspeople need the various tools provided here to remain healthy throughout their trip and once they return home.



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Survey of Traveler's Infections The book was a fantastic study of traveler's infections and illnesses. It might be a good reference for doctors and other medical professionals. I recommend it without reservation. The International Traveler's Information to Avoiding Infections A very worthwhile compilation that is well organized and obviously written for the lay person. A Valuable Reference Book This up-to-date and very readable quantity belongs in virtually any reference and home library. It really is more than limited to travelers and a good source of information for families. It identifies different types of infections within worldwide places. I would suggest this traveler's instruction to professionals along with the lay. The reserve seems to include all you ever wished to know about contracting diseases whilst travelling. I love the illustrations, maps and charts clarifying the material. Essential for today's traveler. However, it is easily readable for nonmedical people interested in the topic area. authoritative This book is well-suited for doctors who occasionally encounter patients who acquire illnesses whilst travelling internationally. It also may be of curiosity to worldwide travelers who enjoy understanding much more about the threats they encounter than simply common correlations between presenting symptoms and causes. Suggested!



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