## The Complete Spa Book for Massage Therapists

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The Complete Spa Book for Massage Therapists is designed for massage therapy students who wish to flourish in the spa industry, whether as an employee or an owner of their own spa. Beyond providing explanations and step-by-step instructions relating to a wide range of spa modalities, the book offers an in-depth appearance at topics that many other resources usually do not cover. It's the only book that includes extensive information regarding real-world working circumstances in real spas, with a massive amount of feedback from functioning spa directors and owners regarding what they want for in employees.



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You don't have to be a massage therapist to love this book I really like this book! It is easy to read, and contains all of the essentials for spa therapies in a great and organized way. You will find loads of topics, and it still left me attempting to learn even more. It's just the right amount of details for every subject covered. The history of spa modalities is fairly interesting! The chapters have bolded words with definitions and helpful tables throughout the publication. You can learn a whole lot quickly without too much reading. It's easy to refer back to points for review as well. The chapters all begin with a brief report on what is covered so you can discover that information quickly. The photos are also very helpful, so that you can see exactly what apparatus is being discussed or the guidelines for performing a treatment for a client. It covers a whole lot of history, however, not in a boring method that bogs you down or goes on endlessly. Geared towards classroom, but some great suggestions from what I can see just fanning through the publication. It has plenty of great information on not just how the big men do spa function, but how smaller businesses can incorporate spa treats (even without a wet area!) It's a great reference on from hot stone to mud wraps. It explains the technology of heat and cold spa therapy and how to make them do the job.. It was a great investment for me. Received earlier than expected. Five Stars Great construction and comfortable aswell. I am considering adopting this book in my own classes. Very helpful.. but some great tips from what I can see simply fanning through. I've gotten plenty of great ideas concerning how exactly to expand my business. Just received it. It's well worth the money. Plenty of information for sure. Small massage business proprietor Since my business is actually just me personally, I was a little hesitant to understand this, but I'm really glad I did. Worth the money Wish I possibly could give this book 100 stars. It's an excellent book and I just began reading it. I haven't examine to much. Top quality information. Five Stars Book in good shape Great Book Book was in great condition and the topic material was very through covering a multitude of Spa topics along with procedures. Excellent book. His experience in the field and his ability to communicate in the books he has written is excellent. I love this author. This is a great book! So much top quality information.



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