

Nikki Sixx

The Heroin Diaries: A Year in the Life of a Shattered Rock Star



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In one of the most exclusive memoirs of addiction ever published, Möe was at the height of its fame, there wasn't any medication Nikki Sixx wouldn't do.e's Nikki Sixx shares mesmerizing diary entries from the year he spiraled uncontrollable in a haze of heroin and cocaine, presented alongside riveting commentary from individuals who were there at that time, and from Nikki himself. Signing up for him are Tommy Lee, Vince Neil, Mick Mars, Slash, Rick Nielsen, Bob Rock, and a host of ex-managers, ex-enthusiasts, and even more.tley Crütley Crü He spent days -- sometimes alone, occasionally with other addicts, close friends, and enthusiasts -- in a coke and heroin-fueled daze. But the lows were lower, often closing with Nikki in his closet, surrounded by drug paraphernalia and wrapped in paranoid delusions. The highs had been high, and Nikki's journal entries show some euphoria and pleasure. Right here, Nikki shares those diary entries -- some poetic, some scatterbrained, some bizarre -- and reflects on that time. When Mö Brutally honest, utterly riveting, and shockingly moving, The Heroin Diaries follows Nikki during the year he plunged to rock bottom -- and his courageous decision to pick himself up and begin living again.



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A thought provoking, honest read First, let me say that my son was/is an addict & sober. simply over a year clean & After he asked for help & I also loved reading the perspectives of others who were around him during this time period. Thanks a lot for helping me save the most important individual being in my own life. So, I could see that because he got clean, he didn't need to get boring. Afterward, I asked him what helped him decide to become clean...first, he said us, after that, he said he'd browse the Heroine Diaries simply by Nikki Sixx, which he first checked out @ the neighborhood library... Alternative name for this you might be "My top 10 excuses to do drugs. AWESOME BOOK! It moved him.. I was focusing on my master's degree @ the time & didn't get a chance to learn it until after I'd earned my degree (a/k/a yesterday). I finished it today. Nikki, your book was brutally honest & touched my child to his soul. It's not actually about forgiving others, it's about admitting that it is your fault. I'm thankful you wrote it. we took him to eat @ the restaurant of his choice &. I recall when I was young because I was just 9 years old during the release of the book/album my dad told me he wouldn't i want to read the book for good reasons but he let me listen to the album which I hardly ever understood why because at 9 years older I knew what they were talking about with "Woman With Golden Eyes" and "Life is gorgeous" was clearly about being at the lowest part you will ever have and just wanting to quit but there is indeed much more alive it takes going to the dark aspect to understand it.) and he still does tour with Sixx:AM (who I've also noticed, and he kicks ass there too! He's going places now & has. remained solid. We just visited our first concert collectively on 10/10/15 in Evansville, IN...!both of us saw Motley Crue for the first time (I am attempting to see your band since I was 16. Especially inspirational to those folks who are also in recovery This is actually my 2nd copy of this book, and it had been worth buying this 10th anniversary edition, even though I already have the initial in the home somewhere. Crue has always been my preferred band.... I cannot even believe he was able to even want to write in a journal at this time of his life. Crue fans will like it and even if you're not a fan/not of this age category, it's only a plain great read.. & thank you for helping us through many a down economy &Excellent 1st person narrative of a guy going to his own private hell. for you...congrats on your own rehabilitation -Kim Genuis Motley Crue is my favorite band of all time. I've seen them play many times and they never disappoint. He also goes on a roller coaster ride about his younger existence and what being in Motely Crue was like and he doesn't keep anything back. In this reserve I find Nikki authentic and vulnerable. A series of journals written in a dark time of his life. Drew grew up listening to it his lifetime. I'm glad he do. His upbringing is definitely relatable but lead him down an extremely deep path. Therefore, I'm glad I read it Within the rehab establishing.! Its filled with honesty and candor and he at no time makes excuses for it or blames others for this. Although his unstable childhood was no doubt a factor, he totally owns and will take responsibility for his behavior and addiction. we got him in to the in-house rehab, based on AA/NA concepts, he came home on a day move & It is really amazing that he survived and is still around to talk about it. What I liked the most is that the tale is missing the lesson. "This wouldn't be considered a rock memoir without self-destruction, feeling of omnipotence, and I-do-what-I-wish attitude. It may even make you take a closer look. I Even now wanna be considered a rockstar and live a lifestyle of excess.. Exceptional book. I'm a kid of the 80s, therefore i grew up on Crue. Nikki kicked all his behaviors, but he was still touring with Motley Crue at the time (I noticed them several period during those years--he was still kickin' ass! And I saw them on the farewell tour in 2015. helping him change his life around & The excess commentaries by people who were there to watch his fall and give their perspective is interesting. Nikki's inside dirt on who do what to who so when is certainly darkly funny and compelling An excellent read and cautionary tale of what unlimited access to whatever you wish can do for you. So. Do I sound wise?&"Of course, all the crazy stories make it seem fun, all of the dark corners make it seem wise. However the existence itself, well, it's neither of two things. Its a cautionary tale that speaks volumes of his strength and resilience to create it through the horror of addiction, as therefore many other brilliant performers usually do not. Nikki's Sixx's story about his existence and or his old addiction was relatable even to anyone who has

hardly ever done anything within their life. Among the best accounts of a rock and roll life that I've read. It's similar to "imagine if you replaced one kind of medication with another? Nikki's reflection upon this time period of his life produces good reading even if you're not really a Motley Cru lover. And this wouldn't be as fun if there was remorse about any of that (that would be a moral lesson again). Oh, and one more thing - it's nice how ultimately there is zero understanding of the reason why for the downward spiral we're reading about. Right now, I understand why. Well, probably he got there eventually, but most likely not). Right now do I sound all smart or what?) It's an excellent journey anyway, and you ought to all read it; The Herion Diaries Completely love the book I cant stop reading it Awesome read Great book for anybody struggling with addiction issues. Great book to read Received it yesterday and boy was it an excellent read. I hardly ever understood why it was a best seller for the brand new York Situations, well I quickly discovered real fast. Almost always there is some type of pseudo-sensible moral subtext in these books - "Don't do medications, they'll ruin your daily life", "get yourself together and figure out how to live with yourself". Nikki discusses the horrors of what medications can do to you and it's not just herion either. The Dirt on Motley Crue was an amazing read, so raw.. Nonetheless it was an excellent read. I would recommend it to anyone who's abusing or attempting to make aware the affects of medicines because Nikki's story can save your life. Read it as research While I have my very own compulsive, even addictive, tendencies, by the grace of God I under no circumstances pursued drugs. Therefore, while focusing on a novel in regards to a character who discovers redemption from that way of life, set just a couple years after the HD entries, I figured this reserve will be a great way to get inside the head of somebody who went through those things.It did that. Right now ever since I read this book however, I am aware the album a whole lot more because the songs follow each chapter of the book. I bought and read this publication while in a rehabilitation center because I remembered how hopeful it made me feel the 1st time I read it. Love it Fast read and great book. He is an amazing man. Great read Love this book A terrific read! That one is way different. Makes you want to never take up the addiction. Thank God Nikki had plenty of working brain cells left to put it all down on paper. Crazy Fantastic book! after that asked me to get as an ebook. A CAUTIONARY HEROIN TALE I really enjoyed reading Nkki's account of his quick and total descent into heroin addiction.. Praying for and wishing the best for Nikki and all those who discover the guts to face their demons. Honestly, though, the first part of the publication might make you jones a little bit!. great book, easy read, therefore well written. The last area of the book is incredibly inspirational and reminded me that it is possible to live a life w/o alcohol and drugs and STILL BE Me personally. I saw Vince in the past when he was fired/quit from the band and went solo, and he did all of the Crue's songs anyhow.he's only 25 years old.)... after that to to start to see the film of his choice. When I was done with the book, many of my peers in the rehab were therefore influenced by my descriptions of the publication that they go through it too, and they all loved it.).



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