

## Michael G. Zey

With a new introduction by the author

Michael G. Zey

Ageless Nation: The Quest for Superlongevity and Physical Perfection



In this intriguing volume, futurist and author Michael G. Zey imagines a time in which technology has stretched individual life spans to 500 years or even more. Genetic engineering, cloning, and stem-cell technology will eradicate diseases and allow for nanoscopic repair and maintenance of your body. "Smart medications" and caloric restriction applications will largely end aging and ensure healthy bodies and sharp thoughts indefinitely. Grounding his speculation in contemporary scientific research, Zey's own solutions include controversial methods like human control of weather, colonization of space, and genetically modifying meals. Important players in the debate include supporters like Cambridge University scientist Aubrey de Grey, who envisions five-thousand-year life spans, and the radical futurist author Ray Kurzweil, who foresees the merging of human beings and computers predictions regarding the future are thoughtful and fascinating. Criticizing current environmental trends as anti-progress and anti-individual, Zey'deep ecologists" advocating zero-population growths Council on Bioethics and "s optimistic vision sees retirement replaced by hiatuses between professions, and free time spent in multi-generational homes. Zey' He concludes that the eventuality of a modern Elixir of youth is closer than we think. Institutions like the Coalition to Extend Life lobby the federal government for immortality research funding and find opposition in the President'



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A look into our future? Very insightful book in to the possibilities for lifespans in the future. Dr Zay's design is easy to read and understandable to the common reader. A future that is ravidly ascending upon us.



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