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L. RON HUBBARD



DIANETICS

THE MODERN SCIENCE OF MENTAL HEALTH

L. Ron Hubbard

Dianetics: The Modern Science Of Mental Health (English)



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If you' It' It's called the reactive brain the hidden part of your mind that stores all unpleasant experiences, after that uses them against you.Dianetics eliminates the reactive mind.t live with insecurity, mental poison, depression and irrational behavior.ve ever felt there is something holding you back in life, ruining your programs and stopping you from being who you intend to be, you were best.The fact is, there exists a single way to obtain all of your problems, stress, unhappiness and self-doubt.s the only thing that does.With over 20,000,000 copies in 50 languages, and found in more than 150 nations, Dianetics brings dramatic and permanent improvement to people all over the world.Don' Make use of Dianetics and get rid of your reactive mind.



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Makes an excellent doorstop though Pure ridiculousness. (The reserve claims that your brain records things flawlessly and that experiences could be recalled, or relived, with perfect fidelity. Makes a fantastic doorstop though. Four Stars heavy reading This author Was not who I expected! But an extremely interesting book using one man's opinion of why,how and who's in charge of the within mechanics of one's mind, & body!. It was used on me and I got a whole lot of help from it too. I got this from the library out of curiosity. In addition to the mind-boggling about of nonsense, sometimes he makes flat-out fake statements. I'd have read more, nonetheless it was unreadable. A huge selection of pages of imaginary principles with absolutely nothing to tether them to reality or science. The lies start on the the cover, which refers to the subject as a science. The main difference is with this new subject matter and other practices is the new therapy involved in the 2nd part of the book where the author explains how to perform it and you will learn to perform it and try it at home with a pal or another partner, yes you can't do it by yourself or by yourself. Where are the peer-reviewed journal articles? Worse thing ever published Worst Diabetics Info Out There Volcanos? Heck, any research at all? Easy and simple thing to do is be important about anyone or anything, and the harder factor is to keep an open up mind about someone or something I've heard about. Well worthy of reading. There are a few ridiculous equations with absolutely nothing to back again them. was demonstrated by studies ... Hubbard doesn't even declare that he individually did experiments or name anyone who do studies, he simply writes "The studies conclusively showed" and enjoys the passive voice "...!" This is not science, it's just hands waving and not even particularly good hand waving. It's filled with made-up principles like "engrams" with no evidence to back them. I read maybe 20 web pages and skimmed the others. I had to read this for a course, I today know for several the professor is a secret Scientologist. Um, no, memory is fairly fragile and changes as time passes as thoughts are recalled and relaxed down.) The book wasn't even good for more than a couple of laughs. It depresses me to think that this was a best-seller and people thought it was useful as self-help or -- gulp -- research, since it's so obviously a total fiction from cover to cover. Toilet paper is better. Must read Great book if you are searching for a scientific look at point of your brain STAY AWAY! Hubbard repeatedly identifies studies in this publication, but there are zero footnotes to studies, no bibliography, no data another that a couple of silly charts. Positive and Self-confidence builder. I am not and will never be a Scientologist yet I really do believe in this book. Because of the misinformation in this publication I ended up in a diabetic coma for nearly 6 years when I mistook an E-Meter for a glucometer. It saved me when I was 17 and now 35 years later on I still believe in it. Fiction, not science This book is terribly written. It really is pure fiction pretending to be science. This book is what the CULT of Scientology calls "Book One" It's the first rung on the ladder of their brainwashing process that has ruined thousands and thousands of lives. One Star This was the total waste of time and money. The replication studios? Bridges? Thetans? E-meters? This publication can teach you how to feel great about yourself and help you gain self-confidence. It clears out a whole lot of junk in your mind so you don't have that in your thoughts anymore. Like his additional works, this is one of the most severe written and non-sensical books out there. The writer is thankfully deceased today, but his legacy of lies and abuse lives on in his mindless followers. You'd be better off to eat your cash than to invest it on this piece of trash. Rubbish. Sad to learn that so many have already been fooled into becoming a member of a cult and throwing their lives away over the writer and his creative imagination. Better to read Troublemaker by Leah Remini junk brainwashing Changed my life for the better Definitive book about the human mind. Not really for the faint of heart or weak minded. A must for anyone who really wants to understand themselves and the other humans upon this crazy planet. Very interesting I came across this book very interesting. Wasn't sure how it worked, as it is definitely a therapy as well as ideas about how your brain functions. I tried it from a pal and it helped him a whole lot. The stupidest book ever published? Zero stars for a function of garbage If you are searching for a book filled with make up drivel, then you'll be thrilled with this little bit of garbage. The statistics, the control

groupings, anything? It works! This book was written in 1950 ,so that it may have some nomenclature pertinent to that era ,or generation , however the unfamiliar terms and big words are explained in the term glossary,so its easy to clear things up,also the writer explains things very thorough as he writes. Honestly I saw some review published where some individuals doubting validity of this new approach to handling the human mind problems and how to obtain rid of your entire day to day difficulties due to them ,but like anything if you dont possess an open mind and you are biased to begin with and only read 20 pages into the book and decide that this new subject matter is no great or does not work or its not a research , I dont believe you have provided yourself an opportunity to advantage from it. If you believe in psychology and how your previous bad experiences effect you today you should not have any complications believing whats in this publication. Whether it's science, where will be the studies?



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