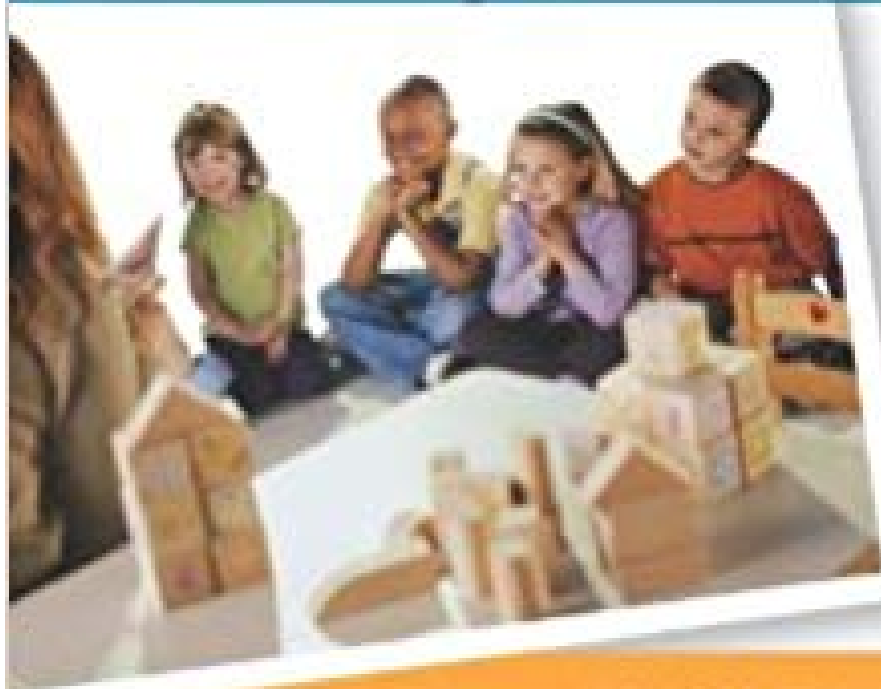


THE ADD & ADHD ANSWERBOOK™

Professional Answers to **275**
of the Top Questions Parents Ask



- ▶ What you can do beyond medication
- ▶ Know your child's rights at school
- ▶ Help your child build social skills
- ▶ What you can do at home to work with your child

SUSAN ADLEY, PH.D.

Susan Ashley Ph.D.

**The ADD & ADHD Answer Book: Professional Answers to 275
of the Top Questions Parents Ask**



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--What may i do to help my child now?Put and ADHD are estimated to influence at least 3 to 7 percent of school-age kids and the amount of information obtainable on the subject can be overwhelming, confusing and oftentimes, conflicting. --What queries will the doctor consult me about my child?Written in an easy-to-read query and answer format, The ADD & ADHD Answer Book helps you understand your son or daughter's illness and create a intend to help them be successful. --Should I medicate my child?--What are the symptoms of ADD? The Increase & ADHD Answer Book is a reassuring, authoritative reference for you and your family, providing sound suggestions and immediate answers to your most pressing questions. The book also contains questionnaires and checklists to obtain the most out of your child's evaluation. --Do kids with AD/HD qualify for special education?



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Take the good; ignore the bad Overall this is a very good book. With the book, prayer and God I think we will be in a position to get through this. VERY helpful suggestions - the best may be the point system that i have started to use with my 2 males and noticed IMMEDIATE and AMAZING outcomes from (although I modified it a little bit) Overall some very good recommendations. Cons: The author takes a very NON medicine stance. If this was the first publication I continue reading ADHD after my sons were diagnosed I would have been very hesitant to allow the medications my doctor suggested. We liked that the author reminded parents that medication is not a magic cure-all and I think it is vital that every parent understands this but Personally i think like she drastically underscores the importance and role that proper medication does play in treating your child's ADHD. For one she makes illogical arguments just like the reality that the medicines are only effective so long as they are taken. There are two issues with this argument - to begin with decreasing is that there surely is a brain deficiency in children with ADHD - the neurotransmitters do not work just how they are likely to and fail to regulate dopamine and norepinephrine (sp? And behavior therapy likewise is effective for as long as the techniques are used consistently. instructions on how to handle it. All specialists in ADHD have figured a comprehensive strategy is most beneficial and I was disappointed that this book seemed to take such a solid stance against medications. well aren't 90% of the meds in the marketplace that method?) which these stimulants are thought to help assist. Second of all, she states in afterwards chapters all of the grim statistics about ADHD kids that grow up. Specifically the bigger rate of car accidents, substance abuse, divorce rates, less successful careers - but the author fails to note that these statistics connect with UNTREATED ADHD and that medicine has been shown to drastically reduce these outcomes. So, while not giving medication to your ADHD child may not directly bring about death as insulin dependent children would - certainly the death rate is very much higher for those that do not get medication simply because an indirect result stemming from substance abuse or car mishaps. I could tel this will become our go to whenever we falter and feel like we're failing." and states how different that is from ADHD bc no kid can be stimulant deficient or will die without stimulant medicines whereas diabetic children will die without insulin. Not only a fantastic ADHD book, but an excellent book in parenting. I desire I had read this book first before the other because the tips I've found in the additional books are all condensed here, without the rest of the background tales concealing it. Immediate answers compiled from various ADHD books I've read My 5-yr-outdated was diagnosed with ADHD 2 weeks into Kindergarten & since then, I've been reading many books to help with his behavior issues and mainly how to deal with the school. Child is supersmart but have to instruction him in behaving. Each reserve I've read had good points but the topics are split into chapters with lots of scenarios where you select up the

nice points.. pages before acquiring what I needed, to the idea that I avoid reading the older books once again though I know I should read once again as a refresher.I just borrowed this book from the library yesterday & immediately ordered my own copy yesterday evening. Heck, I'm actually considering also buying the Kindle version so I can own it with me wherever I proceed. So use the suggestions in this book that work for you but take what the author says about medicines with a grain of salt.I browse another review that didn't like the book's stance on medicine. It's also suitable for parenting youngsters with ADHD, though some of the recommendations do also apply for older children (such as pre-teens). My child can be a textbook hyperactive kid with behavior issues (not educational) and everything I've read within the social & college chapters up to now really connect with him; I experienced that the writer has directly observed my child. It's really focused on creating a positive environment for your son or daughter through teaching skills, however the book is going to warn you about the potential problems you might encounter. And I really like that there are precise scenarios &She says that other parents and doctors will pressure you with dissimilar metaphors like "you wouldn't keep your diabetic off insulin would you?The appendix of the book contains sample charts, must-have lists, and 504 accommodations list which I find extremely helpful. I was thinking of writing the good points I obtained from the various other books into a laptop but no want as this book offers compiled them for me. Four Stars Good read Five Stars Excellent read! This book is ideal for parents who are planning of having their child tested or who've just received the diagnosis. Now my second stage is to look for a tale book & activity book for my kid to understand his ADHD & help him handle his feelings and actions. Great For New-To-ADHD-Parenting, HOWEVER, NOT For Seasoned ADHD Parents.. I must admit that I acquired bored reading webpages & his teachers could see has considerably helped him tone down his hyperactiveness (it is so much even worse without it) therefore i don't need to read the author's thoughts on that.Recognize that this book might not work for everyone.! I really do like that it can be easily referred to and is broken up in sections that produce sense, with identical topics grouped collectively. While this book did not really have any significant brand-new information for me personally, it's helpful for my boyfriend, who fulfills the role of step-father and is helping me to raise my son from a previous marriage. I've done a lot of research over the past few years so I am fairly well versed, however, for someone who is just studying ADHD, this reserve can serve as a great tool. The publication explores social issues, learning disabilities and other co-occurring disorders, behavior modification, self-esteem, types of ADHD and symptoms, and even more. The reserve is well-written and will contain valuable info for parents with a whole lot of questions about ADHD. I'd not advocate this book for anyone who has already done a whole lot of research, nonetheless it is perfect for those people who

are simply starting studying ADHD. This reserve is a great place to start your ADHD research. A begin to understanding ADHD We haven't finished reading the publication, but I can honestly say it's been extremely informative. It's like my bible to understanding and dealing with an ADHD child. In case you are unfamiliar and want help understanding or getting a clearer picture on the ADHD child this book is a good start. Pros: Appreciate the format since I have ADHD too it made it easy for me personally to read. Simple, informative & It addresses medication, self esteem, friends, behavior, and the potential for drug or alcohol abuse. This book addresses everything. how to approach situations This will be our reference head to for years to come! It's an instant and easy go through, with concise sections on each topic. We just received this book last week and we have found it filled with great advice and help with coping with our sons. We will be using this frequently to help guide us through this trip to help our boys succeed and flourish through every chapter of their lives. She also states that medication ought to be a "final resort" and I seriously question that bc meds certainly are a tool just as behavioral therapy is a tool and despite the other quasi arguments she makes against medication she does state that outcomes are better when medication can be used together with other methods. Many thanks for such an amazing guide for us parents who are overwhelmed and disappointed! Came in great condition for used Really enjoying this book to learn more approximately ADHD! Came in great condition for used! Five Stars Very educational & educational book! I did not read that chapter because my child is on Vyvanse which we parents & I can tell you from personal knowledge that my ADHD went undetected until I was an adult even though the behavioral therapy I have already been in has helped tremendously - the progress We made simply wouldn't have been possible without the proper medications and the same has been true of my 2 boys. Not only a fantastic ADHD book, but an excellent book on parenting. Long after, I understood what ADHD most likely appeared as if with the patterns of considering and concentrate, I had known the value of continuing to read for the clarity of information. This publication is extremely insightful. As a instructor of young children, I was searching for what ADHD appeared as if in the youngest kids, before it is generally diagnosed. explains the factors well, with what to anticipate & From should / shouldn't obtain a analysis of ADHD and which professionals provide that to the medical doctors and their characteristics offering a diagnosis. with very good overall presntation This book covers a whole lot of relevant info & I like how each query is answered directly with just a few paragraphs - retains it brief and easy to understand.



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