

CLEAR HOME CLEAR HEART

learn to clear
the energy
of people
& places

JEAN HANER



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Clear Home, Clear Heart: Learn to Clear the Energy of People & Places



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Have you ever entered an area and it just didn't feel best, yet you couldn't? Healers, intuitives, energy employees, highly sensitive people, and anyone who simply wants to optimize their energy and live their best life will find this to be the perfect training. The power of the compassionate center! The simple truth is that we're all influenced a lot more than we realize by the invisible energy of the people and locations around us. We're still carrying from your own life history, as well as transform how you're. In fact, clearing has also been described as "accelerated meditation" because it can lead to a feeling of calm and happiness that typically results just after years of a mindfulness practice. This, along with difficult experiences in your past that still weigh you down, can keep you from being a creative force in your life. We're affected by the energy about you each day. Many people know immediate shifts in their energy during a clearing, and significant change frequently unfolds in the times and weeks afterward. Clearing is a gentle but powerful method to release the old stress you're. In this simple, elegant direct, Jean Haner teaches you, in easy-to-follow actions, how to clear your own energy or that of anybody, as well as provide harmony to the energy of the spaces you inhabit, so that you can reclaim your vitality and joy, and start infinite new possibilities in life. Let me clarify why? Jean refines energy clearing to its 100 % pure essence— Perform it and you sense an all natural comfort with some individuals but are instantly stressed by others?



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