



BLOOMING INTO YOUR
FULL POTENTIAL
WITH THE MAGIC OF FLOWERS

flower
EVOLUTION

KATIE HESS
PHOTOGRAPHY BY
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Flowerevolution: Blooming into Your Full Potential with the Magic of Flowers



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"A stunning, beautiful, and courageous publication."— Stephen Harrod Buhner, herbalist and author of *The Lost Vocabulary of Plants*, *THE TRICK Teachings of Vegetation*, *Sacred Plant Medication*, and *Organic Antibiotics*

In many ways, with the current advancements in technology, we've lost our connection to nature, and subsequently, our connection to ourselves. Most people are unaware that quiet, unassuming plants can amplify our positive qualities and awaken new pleasure in everyday life, but in fact, flowers are ready to spark us to attain our biggest potential—*Flowerrevolution* is designed to open up you up to fresh new globe of magic and probability. one that is likely bigger than we can even imagine! In *Flowerrevolution*, flower alchemist Katie Hess and photographer Louie Schwartzberg invite us to venture in to the vast and beautiful world of flowers, and learn how they could be used to give us a fuller experience of our daily lives. You're most drawn to from the 48 different profiles, and discover what your favorite blossoms reveal about you. ll learn how flowers may be used for a number of conditions, including pregnancy and postpartum, travel and jet lag, and addiction; and learn the answers to the 10 most commonly asked questions about flower elixirs. The publication also features historic and modern options for harnessing flowers' unique characteristics, including flower baths, elixirs, mandalas, body oils, desserts, and more! By engaging with the stunning photography in *Flowerrevolution*, you will discover for yourself the hidden wisdom of flowers and be able to use those insights to raised understand yourself, all your family members, as well as your place in the intricate web of life.



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