

WHAT IF *THIS* IS HEAVEN?



How Our *Cultural Myths*
Prevent Us from Experiencing
HEAVEN ON EARTH

ANITA MOORJANI

New York Times best-selling author of *Dying to Be Me*

Anita Moorjani

What If This Is Heaven?: How Our Cultural Myths Prevent Us from Experiencing Heaven on Earth



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If life is approximately the journey and not the destination, can it be that this is heaven—Anita Moorjani, the brand new York Times bestselling writer of *Dying to Be Me* personally, is convinced we can carry out exactly that. The process, she explains, requires dismantling many cultural myths recognised incorrectly as indisputable truths. But what if we understood how effective we are—that we are powerful more than enough to mold both our internal and our external reality? this physical life we you live here on the planet? What we experience inside our daily lives often feels like anything but heaven. Beliefs such as for example "We get what we are worthy of," "Loving ourselves is normally selfish," and "Coincidences are simply that—coincidences," are ingrained within us from birth, pervasive and influential, leading to generations of misguidance. In this examination of our common myths, she shares tales and illustrations from her own lifestyle, revealing the lies under the surface of what she was taught and absorbed. Following her near-death encounter, Moorjani begun to embody truths she learned in the other realm, discovering that letting go of these outmoded myths allowed her to see heaven not as a physical place but as circumstances of mind, right here and right now. By freeing ourselves from these falsehoods, Moorjani asserts, we are able to leave fear, heartache, and self-imposed boundaries behind and instead live lives filled with purpose and joy.



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Real-world examples of living from unconditional love and understanding This book is filled with anecdotes from real life that are really helpful... This is definitely a great way to find out. This world we live in will challenge us. I simply finished reading Anita Moorjani's second book "IMAGINE IF THAT IS Heaven? Anita Moorjani, many thanks so much for posting your gorgeous perspective with the world. This is among those books I wish have been around for when I was going through middle school, senior high school, college, etc. The message rings so true with my soul, but no additional book has were able to word it in such a pure way that's easy to digest. When I first saw each chapter shown by the popularly held belief system, I was uncertain that each chapter would pertain to me. I was so wrong. I was labeled at an extremely young age to be "poor" and "rebellious". It has even helped me encounter feelings of self-forgiveness for something I did a decade ago that I still haven't allow myself off the hook for! (And I've examine a lot of books on forgiveness). My favorite book in years -- probably ever. I would recommend this book for anybody who feels a lack of self well worth, who has had rejection in their life at some time, or who struggles to simply accept themselves because they are. I recommend it!" in fact it is another must examine! Her first publication "Dying To Be Me" is incredible and I recommend it to whoever has lost a family member, or has a family member who's terminally ill (roughly the doctors say ; As beautiful as her first book. Wayne Dyer said "this book is certainly for anybody who has ever resided or who will ever die" (paraphrased nevertheless, you get the point :-)) There is comfort and ease and healing for those who are available to it in the webpages of both books. I acted so too and I really hurt myself in the process. Lovely! I some how understood that!"I caution you to avoid this publication if you are happy holding on to anger and judgment of those who have abused or hurt you in anyway. I am forever changed! I absolve you and like you and desire you to end up being filled up with joy and like in this lifestyle! They are both really inspired books for sure and for certain. We also felt more compassion for myself, which is no doubt why We felt it thus strongly for others. Everything starts with loving yourself unconditionally! Incidentally, she explains that therefore beautifully in this publication!" for everybody who has ever harm or wronged me in anyway! This book could of not come at a better time from me I usually dont write evaluations on Amazon, but also for some reason I feel compelled to raise your voice to the world about Anita Moorjani's book IMAGINE IF This Is Heaven?.. I was hoping that was just the first half and the second half would give suggestions on how i could implement a few of what she discovered in the NDE in my own life My buddy crossed over to the realm three weeks ago. We are able to live our existence as if we are in heaven.97. While I watched my buddy pass away. I would tell myself i dont wish to live my life waiting to die. A remarkable and incredible book Anita Moorjani in her first book DYING TO BE Me personally she narrated her encounter with tumor, culminating in a near-death knowledge (NDE. This is exactly what Anita gets across to her readers. I am heartbroken, but I did find comfort in reading Anita's book. By the end of every chapter there are questions to ask yourself, and ideas and exercises to help the reader think how can you live life from a location of joy. Anita's reserve is certainly refreshing and you may feel her love, compassion and joy through her writing. I would suggest What If THAT IS Heaven?I didnt think Anita could surpass her first reserve Dying To Be Me, but her newest reserve What If THAT IS Heaven is a grand slam. Why wait until you are lifeless to live a lifestyle of joy right here on earth. Because this book shines a light that, at least for me, caused a powerful feeling of "Please like yourself, please forgive yourself. This publication blew the lid off my world! I've finished Anita's most recent publication and oh my!! I'm going to return back through and do the exercises. It's so amazing to learn that what I've usually believed or attempted to trust was not true! Every single

chapter has a beneficial (and relatable) lesson. I always felt like I was the poor girl. Today this, her second book, goes even more into what she learned during the NDE (Close to death experience) "Anticipate to read issues that go against popular religious beliefs." One German safeguard knocked out my tooth and one German woman risked her existence by hiding sandwiches for me personally. My parents didn't know how to train me self like. I'm decided to break through the cycle with my daughters! I'm so extremely grateful Anita includes a few paragraphs about exercises related to children. It had been written with a sort and sincere heart, however it was a lot of personal accounts from her Existence throughout the entire book. That's when the reserve was over for me personally...to understand these truths! I cannot wait to hear and see more from Anita. She is such a gift to this world! Most of us are! Some will examine this and believe we'll all that is said before and I'll say: not this way. A Must Read! Once again, reading Anita's have a problem with her self-esteem due to other people who were hurting her out of their own misery made me realize a lot of things. This is what I've been looking forward to as a follow-up to her 1st book - how exactly to live life with the wisdom obtained from an NDE or epiphany. Anita made me recognize that it's Okay to love myself also to have self worthy of, so this way, I can help others who struggle with loving themselves..The book has such an excellent follow to it, very down-to-earth and readable, unlike many spiritual books I've read before. Wonderful book!. On page 115, I am flabbergasted with the next tip: "Develop a deeper compassion for yourself and for others by acknowledging that everyone will the best they can at any given minute with what resources can be found to them.completely.-)) Really, while Dr... She also offers tips and ideas to close each chapter. This reserve enables you to see the dilemma in life: to like oneself in order to love others. Just finished hearing this jewel of a reserve. Anita's voice is gentle and it really makes you feel like you are listening to a friend who is sharing her ideas with no trace of judgement but with plenty of compassion.pure love. We simply need to allow our lighting shine fearlessly! I will be receiving the publication today and can't wait to go back and highlight and review parts that I wish to incorporate in my own life. Disappointed I really like Anita, but was so disappointed in this book. Namaste! Beautiful Anita's message is crystal clear and loving. Very useful book for deep curing and guidance to spotlight self love. Thank you Anita. Which for me feel like "ahha. This book will touch you to your core and demonstrate that life really isn't scary when you see what it's really about. Anita writes each chapter showing a different situation and possible ways to understand and cope with them...Every chapter brings a lovely message, love yourself, speak your brain, be your true self and never foundation a decision on fear, trust your instincts. I want to live my entire life with pleasure and enjoyment.) In her book WHAT IF THAT IS HEAVEN she is normally suggesting to those who have been identified as having any life-threatening disease to focus not just on the person's physical condition, but also on the person's emotional condition. Anita states that she "sends want to every solitary person on the planet, no matter who they are..., whom they possess helped, or whom they have hurt...some are undoubtedly serial killer, murderers and rapists (p. In Anita's book she writes about the cultural myths we have come to believe in, which really provides inhibited us to live a existence of joy. I question how I could be expected to love the murderers of my beloved dad, my protector and supplier. I didn't understand then and I still don't understand today, at age 92, why.") They murdered my dad when I was 13 years old.. I'm learning from Anita How exactly to like myself which isn't something I've ever learned. Liked this book until I purchased this book to hear in my own car. Though I came across some of the explanations very long and drawn out of personal events, I enjoyed hearing her perspective until she found criticizing those people who are ready to fight for their nation. She said that we make heroes of people who go to war and kill people.

This is the moment I've been waiting for. Though I totally agree that life will be great without battle, a number of these people sacrifice their existence, their way of life and wellness because they need us to be safe. I simply can't support that narrow-minded thinking. I thought with a broader perspective she could have observed these folks as people ready to sacrifice what that had for others in an imperfect world. Five Stars Excellent! Interesting..good to know there is hope Extremely interesting book..will browse it once again until I can hold it in my own mind.. Feel hopeful in my testing time Gave me hope since I go through a challenging amount of time in my life. Loved it and love Anita for posting this beautiful message. She has blown the lid off my entire world and it feels amazing! This reserve could of not really comeat an improved time from me.



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