



Kate Somerville

Complexion Perfection!

Your Ultimate Guide to Beautiful Skin
by Hollywood's Leading Skin Health Expert

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In this practical and moving how-to guideline, celebrity facialist Kate Somerville shares her years of encounter for getting skin glowing. Whatever your age, ethnicity, type of skin, or concern be it pimples or aging Kate provides simple approaches for achieving Complexion Perfection.s "Hollywood Glam Squad." Discover your complexion questions answered as well as your soul inspired .Witness the incredible makeovers that Kate did on her behalf clients and browse the touching testimonials. And learn hair, makeup, and fashion tips from Kate' She defines her philosophy and identifies the top five elements for life of healthy epidermis. Plus, she helps you understand cutting-edge remedies, effective technologies and elements, and how diet and lifestyle impact your skin. . . because Kate really believes that changing skin changes lives!



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Five Stars Everything you need to learn about your skin layer is in this reserve. Even if you don't possess interest in becoming an esthetician, this book presents great advice to look after your skin and over-all health. Somerville is an expert with regards to skin care. Estheticians ONLY The book is good. The results are younger looking skin! I recently signed up for esthetics college and it was recommended to my by my esthetician as an excellent intro I haven't completed the publication yet, but up to now I've found it to be very informative. Five Stars This made an excellent gift! Heads above the rest! it's very detailed and informative. this book is great! super informative for all those interested in skin care! i have an excellent curiosity in skincare, what i will use, anti-aging and stop wrinkles. Five Stars This book came in completely new! i love how it defines all common skin care ingredients and even discusses in office techniques and what you should & shouldn't do. I take advantage of her products and they're worth every penny. I'd give it 5 celebrities, but i dont think its an appropriate book for people. Too many specific information, which is not actually necessary for everyone to know. Also, the treatment is very complicated. You cant perform it at home. So, if you not an Esthetician, dont waste materials your money. Essential read for skincare specialists If you are in skincare, especially using lasers, this book is a must read. I recently signed up for esthetics school and it was suggested to my by my esthetician as an excellent intro. the reserve sums it all up and them some in an easy read. Get Bobby Brown books instead. One Star Her stance about fetal stem cell for beauty is certainly barbaric.



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